

Shoreham *News*

Issue 17

July/August 2015



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OUR MISSION

To provide a high quality living experience for those who call Shoreham home.

OUR VISION

A leader in excellence and innovation in Long Term Care.

OUR VALUES

Integrity – Being honest, ethical, respectful, open and transparent.

Quality – Ensuring a high quality, safe and caring environment within our resources.

Teamwork – Embracing diversity and fostering innovation and creativity through teamwork, collaboration and partnerships.

Joy and Fun – Creating a comfortable, enjoyable environment where residents and their families are the focus and staff and volunteers are recognized and valued.

Message from the CEO

On June 23, we held our Annual General Meeting and presented our "Report To The Community". The report gives a snapshot of some of our activity and accomplishments during 2014-2015 and details some of our progress toward improving quality and accountability in our Home. (The report is available on our website at www.shorehamvillage.com)

The AGM is an important time to reflect on the events of the past year and to anticipate new opportunities in the year ahead. It is also a time to extend sincere gratitude to the many among us who have contributed to our success.

2014-2015 was another year of continued change and transition. However, we were proud to report how our resident families, employees, volunteers and community worked together through the many challenges we faced while always keeping the needs of our residents at the forefront. It was through the collective effort and patience of everyone that we were able to continue to move forward and make progress on our goals.

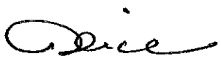
Long Term Care in Nova Scotia is changing. Increasing needs, decreasing resources, ever changing standards and expectations are the everyday reality for us. To meet those ongoing challenges and to ensure Shoreham is sustainable

for the future, we must embrace change, think and act in new and creative ways and work together to make every day for each of our residents the best it can be.

With this in mind, we entered into a unique one-year interim partnership with Northwood last fall that committed both organizations to work together to achieve specific goals. Working with Northwood staff and having access to their many resources has helped us continue to provide safe, quality care to our residents, offer enhanced support to our staff while also enabling us to move forward with our quality improvement plan.

The experience with Northwood has demonstrated that partnering with another organization enables us to better address our ongoing challenges and needs and is necessary to ensure that Shoreham remains a vital part of our community for years to come. The Board of Directors has invited expressions of interest and will finalize a decision about a long-term partnership within the next few months.

Thank you to everyone for your continued support. We hope you enjoy the summer and all that it brings to our wonderful Home and community.


Alice Leverman, CEO



Enjoying the cruise
Top: Mark Swinemar and Anita Wilwand.
Cruise organizers, Linda Bell, Melissa Houghton, Jamie Leigh Haughn, Jeremie Shabani and Karen Doucet.

Volunteers Rock Our Boat!

With flags flying and a festive atmosphere, Shoreham Village celebrated the many contributions made by their volunteers. The evening of June 16 was filled with fond memories, words of thanks and recognition of hours of time given in support of making every day a good day for those who call Shoreham home.

The evening was emceed by Director of Recreation Services, Linda Bell with remarks delivered by Sue Neilson, Chair of Shoreham's Board of Directors; Alice Leverman, CEO; Chester-St Margaret's MLA, Denise Peterson-Rafuse; and Resident Council President, Dot Condon.

In addition to thanking volunteers with 5, 10, 15, 20, 25 and 30 years of service, Laura Butler, Shoreham's longest serving Auxiliary member received special recognition as did the many resident volunteers. Also in attendance were the four Shoreham volunteers who were nominated for the Municipality of the District of Chester Volunteer Recognition: Charlotte Corkum, Joan & Derrek Swinemar and Richard Eldridge.



Welcome to New Staff

Dawn Cook – Food Service
 Claudine d’Entremont – Environmental Services
 Emma Fleet – Food Service
 Roxanne Hume – Seamstress
 Sarah Lantz – Recreation Summer Student
 Nancy MacDonald – Manager of Resident Care
 Steven Selig – Maintenance
 Jeremie Shabani – Recreation Summer Student
 Annette Veinot-Doucette – RN

Welcome to Volunteer

Claudette Sapp

Shoreham Village Auxiliary

Gerri Allen, Chair

Shoreham Village Foundation

Janet Creaser, Chair
 Gregor Fraser, Treasurer
 Eric Christiansen
 Nancy Murray
 Susan Pattillo
 Lara Parsons
 Sandra Matthews

Board of Directors

Shoreham Village is governed by a volunteer Board of Directors.

Susan Neilson, Chair
 Patsy Brown, Vice-Chair
 John Campbell
 Nancy Guest
 Nancy Timbrell-Muckle



Jean Chandler grew up in Canaan before moving to Chester and meeting the love of her life, Walter.

Happy Memories & New Friends

Hello, my name is Jean Chandler. I was born in a log cabin in Canaan, Nova Scotia on March 23, 1924. My father owned forest land. He sold wood and had a shingle mill, while my mother was a housewife who took care of my three brothers, three sisters and me.

My childhood is filled with fond memories of playing outside with my siblings until dark. We would ice skate on ponds and there was a hill near our home that was perfect for sledding. Together we would make homemade ice cream and fudge to enjoy.

The school in Canaan offered up to grade nine, and because I wasn’t able to attend high school in Chester my education ended there. My first job was staying with an elderly couple who lived across from the post office in Chester. I stayed with them for four years and we grew very close. When they passed away they left me their home.

“At the age of 20, I met the love of my life while ice-skating with some friends in Chester. Looking back this is my favourite memory.”

- Jean Chandler
 Shoreham Resident

At the age of 20, I met the love of my life while ice-skating with some friends in Chester. Looking back this is my favourite memory. Walter and I dated for four years, got married and were blessed with our three wonderful boys. We lived in Chandler’s Cove where all the neighbourhood children would stop by our home for cookies. I loved to dance and would go to dances whenever I could.

I love meeting and getting to know new people.

We Can’t Thank You Enough!

We would like to extend a special thank you to the **Auxiliary** for their donation of \$5000 to purchase outdoor furniture and equipment, in addition to sponsoring resident hats, plants for the wheelchair gardens and a lunch out this summer for residents; **Corinna Tanner** for donating a gift basket for a raffle in support of Resident Council special programs; **Calvin Armstrong** for donating a freezer to raffle for Resident council programs; **Resident Council** for purchasing six outside chairs for residents to enjoy the fresh air; **Olymel Foods** for donating hot dogs for our Canada Day Party, **Canadian Heritage** for a Canada Day grant and all those who supported **Swing for Shoreham** golf tournament!

Hellos & Farewells

We are thrilled to welcome our new Coordinator of Staff Development, **Linda Sears-Doucet**.

Linda Sears-Doucet, brings 28 years of nursing experience to her new part-time position as Coordinator of Staff Development. Linda will be with us every Tuesday and Friday and every second Thursday.



“I am excited to be warmly welcomed back at Shoreham Village and I am busy planning learning opportunities for my co-workers!”

- Linda Sears-Doucet

She has worked as a registered nurse in Medicine, Pediatrics and Intensive Care at the South Shore Regional Hospital. Some may remember her from the early 2000’s when she was at Shoreham in a casual position. She has also worked in outpatient clinics in Chronic Disease Management helping educate people who have had a TIA (transient ischemic attack) or stroke as well as those with cardiovascular disease, learn how to live with their condition. She will share her time between Shoreham and South Shore Regional Hospital where she will continue to be the part-time Stroke Program Coordinator.

Linda and her husband Ron have two grown children, Jake and Lindsay, and live in Chester Basin with their two dogs, Ginger & Allister. She enjoys going to the gym and cycling and quiet evenings at home.

We regret that we are saying farewell to **Angela Barnard** and **Nancy MacDonald** our Managers of Resident Care, who have both resigned due to personal reasons.

As Manager of Resident Care, Nancy and Angela lead the nursing staff in providing excellent and respectful care for residents of Shoreham while supporting them in maintaining their independence. They also oversaw the Clinical Nursing program, Physiotherapy and Occupational Therapy, Infection Control and the Palliative Care program.

Together Nancy and Angela Barnard collaborated with all departments in providing quality services to the residents at Shoreham. Their roles included a focus on continuous quality improvement, resident and employee satisfaction, risk management, fiscal management, internal communication and health and safety.

We have posted both positions and are pleased that Northwood will support Resident Care staff in the interim.



Helen Andersen celebrated Mother's Day with a special outing to have tea with two of her daughters Barbie Nauss and Berit Andersen, two granddaughters and three great grandsons.



Summer Students Are Here!



Sarah Lantz and Jeremie Shabani have joined the recreation department as our summer students. Sarah will begin her Bachelor of Science at Memorial University in the fall, with plans to pursue a degree in medicine.



Jeremie is entering the third year of his Bachelor of Science in Psychology and Biology at Acadia University.

They are a wonderful addition to the recreation department and will help to make our residents' summer memorable.



Music & Memory

There are now several residents and family who enjoy music together through the use of an ipod and earphones. More residents are currently having their preferred music found and loaded with thanks to Nateleen Zinck. It is a wonderful program.

DID YOU KNOW?

All employees of Shoreham and their families have access to a one-stop, 24/7 Employees and Family Assistance Program, which provides confidential support and resources for health and wellness.

During 2014-2015, 15% of our employees used services for family and personal counseling, physical health and work related support. Those who used the program had a high level of satisfaction with the services provided and felt better able to cope, manage challenges and bring about positive change.



Volunteers (continued from page 1)

Following the formal ceremony, residents and guests were invited to enjoy the bountiful buffet of fresh veggies, meatballs, chicken wings, fruit kebabs, brownies and more prepared by the Food and Nutrition team.

Resident Volunteers

Donald Barry LeRoy Hiltz
Dot Condon Bobby Young

Years of Volunteer Service Awards

5 years

Trevor Awalt Ginny Hennigar
Joan Brown Jen Isaacs
John Clark Patricia Jackson
Lola Clark Jean Nash
Rev. Gordon Druggett Maureen Westhaver

10 years

Rev. Ian Wissler Thelma Clark

15 years

Donzella Allison Sharri Scott
Hilda Cleveland Ronnie Scott
Keith Ecksteen John Tatlow
Debbie Pico

20 years

Geri Allen Marjorie Morash
Charlotte Corkum Muriel Zwicker
Rev. Dan Green

25 years

Jane Wilkins

30 years

Jimmy Manuel St Augustines
Judy Manuel St Patricks

"No one is more cherished in this world than someone who lightens the burden of another."

- Anonymous

WANTED:

Volunteers who are interested in:

- taking residents out for walks or to sit on the deck during the summer
- training to be a feeding/meal assistant
- helping one of our residents tend a wheelchair garden.

If you would like to learn more about this opportunity please contact Volunteer Services at 275-5631 ext.246 or volunteer@shorehamvillage.com.

HIGH FIVE!

Compliments for a job well done.

Rose Baker – for coming in at midnight to help out in a short-staffed situation.

Rose Baker, Donna Robar, Sheila Schnare and Amanda Leopold – for showing such great team spirit and teamwork on the night shift.

Shirley Connor – for covering the E-wing lounge.

Kathy Demone – for coming every Tuesday from Bonny Lea to volunteer in the laundry department. "Thank you for all your hard work."

Tammy Leopold – for being so helpful and efficient.

Crystal Harnish and Tiffany Mack – for staying late to help when the morning shift was short-staffed.

Tonya Noseworthy, Anne Venoit, Margie Bento and Shirley Connor – for being "rock stars" by asking "what can we do to help" and pitching in to get rooms ready for new residents.

Kendra Russell, Sherry Levy and Colleen Baker – for going above and beyond in a challenging situation.

Irene Rafuse – for always coming to work with a smile on her face and for often bringing delicious snacks and treats for her colleagues. "She is a wonderful co-worker and friend."

Sandra Whynot – for cleaning up the staff room before her early morning shift.

Employee & Family Assistance Program
WWW.WORKHEALTHLIFE.COM
1-800-387-4765

Education Sessions

for Staff & Volunteers

Thank you to all staff for responding to the Education Survey. The information gathered will help plan education that is pertinent to staff needs and offered at as a convenient a time as possible.

CPR Recertification

There will be a number of opportunities over the summer for staff to participate in CPR recertification. Staff should check the Staff Education bulletin boards for more information.

Check Staff Education Bulletin Board for more information.

Upcoming sessions include:

- Diabetes in the Elderly
- Substitute Decision Maker / Power of Attorney / Enduring Power of Attorney What do they mean?
- Pain Assessment and Management

Check Staff Education Bulletin Board for more information.

*For more information about any of these sessions or to suggest a learning opportunity, please contact Linda Sears-Doucet at 275-5631 ext 246 or l.searsdoucet@shorehamvillage.com.

Compliments?
Concerns?
Suggestions?

We want to hear from you!

Contact us:
info@shorehamvillage.com
or 902-275-5631

Get ShorehamNews Online!

ShorehamNews is published and distributed to residents, families, staff, volunteers and visitors.

It is also available on our website:

www.shorehamvillage.com

If you would like to receive ShorehamNews by email please sign up on our website!

“Roxie’s Rockets” Relay for Life



Carole Webber, Mary-Lou Milligan, Phyliss Publicover, Kim Hiesler and Anita Wilwand. Missing Marlene Hamm.

We would like to thank all the staff and residents of Shoreham for your continuing support in our quest to help fight cancer.

We sold tickets, BBQed hotdogs, held two pizza days and a bake sale. A big thank you to all of those who baked for our sale and to those who came in to volunteer.

Thank you to all who sponsored our team. With your support we won an award for most luminaries by raising enough funds to purchase 116 luminaries in memory of someone who has touched our hearts.



Safety Tip – Going out?

Summer is a great time for residents to get outside for a walk or enjoy sitting on one of the decks.

Sunscreen, sun hats and sunglasses are available for family, staff and volunteers to use with residents before going outside.

Volunteers and family are asked to sign residents in and out on the clipboard at the nursing station and to inform the CCA on the wing when going out and coming back in as the doors are alarmed.



THROUGH YOUR EYES!

Do you have pictures of your favorite activities at Shoreham? A special moment with a resident? A colleague or team doing what they do best? Send them to us at info@shorehamvillage.com for our next issue!

Shoreham Village Home for Special Care

Contact Us: 902-275-5631 + extension below

Resident Care

A Wing	238
B Wing	239
C Wing	241
D Wing	240
E Wing	247
A/B Nursing Office	268
C/D/E Nursing Office	224
Nurse Manager, A/B	242
Nurse Manager, C/D/E	245
Physio-Assistant	237

Recreation

Recreation Programmers	233
Hairdresser*	243
Recreation & Volunteer Services Coordinator	235

Dietary

Kitchen	225
Director of Nutrition Services	229

Environmental Services

Seamstress	247
Maintenance*	230
Director of Support Services	227

Administration

Office Assistant	221
Director of Finance	222
Chief Executive Officer	234
Staff Development Coordinator	246

* There is no voicemail on this line

 Clip out and save for quick reference

Upcoming Events

- **June Birthday Party, June 29, 2:30pm**
- **Canada Day Party, July 1, 2:00pm-3:00pm (rain or shine)**
Everyone welcome! Come join us and enjoy music, hot dogs and cake.
- **Strawberry Social, July 9, 2:00pm-3:30pm**
Residents and guests from other long-term care homes in the area will join us for music and strawberry shortcake.
- **July Birthday Party, July 27, 2:30pm**
- **Family Meeting, July 30, 6:30pm**
The Office of Ombudsman will provide information on the role of the office in serving the families of those in care.
- **Big Bike Ride for Heart and Stroke Foundation, August 7, 4:30pm**
For more information or to sign-up to ride contact Alice Leverman, 275-5631 x234.
- **August Birthday Party, August 24, 2:00pm**
- **Board Meeting, August 25, 2:00pm – Board Room**