

Shoreham *News*



Issue 22

March 2016

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OUR MISSION

To provide a high quality living experience for those who call Shoreham home.

OUR VISION

A leader in excellence and innovation in Long Term Care.

OUR VALUES

Integrity – Being honest, ethical, respectful, open and transparent.

Quality – Ensuring a high quality, safe and caring environment within our resources.

Teamwork – Embracing diversity and fostering innovation and creativity through teamwork, collaboration and partnerships.

Joy and Fun – Creating a comfortable, enjoyable environment where residents and their families are the focus and staff and volunteers are recognized and valued.

Message from the CEO

March 14 marked my first day as CEO of Shoreham Village, following a period of transition with Alice. I am thrilled to be able to support Shoreham's continued work as we strive to achieve our strategic directions.

The Board has set out 3 priorities for us:

Residents: To provide excellence in care that is consistent with our Mission, Philosophy & Values.

Engagement Strategies: To work with all who have a stake in Shoreham to rebuild our future.

New Facility: To maintain the infrastructure and environment to provide quality care in the present while we build for the future.

There has been significant work towards achieving these priorities. One example is *Leadershift*, a new Quality Improvement Initiative. The idea is that those closest to the resident identify problems and work together to resolve them. Together we can shift the way we work at the bedside and in administration to be more effective and address issues where and when they occur.

Another example is the Wound Care Education day hosted by Shoreham at Atlantica (Oak Island)



With the signing of the partnership with Northwood, Janet Simm joined Shoreham Village as its CEO effective March 14.

earlier this month. The continuing education session included Shoreham staff and partners in the surrounding area. The session introduced concepts that will be included in the new provincial wound care strategy. Presenters included Shoreham Village staff and Northwood staff.

We are well on way to achieving our strategic directions due to a lot of hard work and dedication.

I look forward to working with Shoreham's Board, staff volunteers and the larger community to ensure Shoreham provides quality, safe resident care and continues to respond to all of the opportunities that the future holds.

GENEROUS GIFT MAKES AN DIFFERENCE

If you or a loved one have experienced the services provided by Shoreham Village, you may find yourself wondering what you can do to show your appreciation.

Recently the family of Cecelia Armstrong gave a gift to Shoreham in her memory – a new bed.

This gift is special for a few reasons, it is a tribute to the life of one of our residents, it shows the impact Shoreham has had on her family and it meets a current and ongoing need for Shoreham and our residents.

Purchasing new beds and other equipment to support the residents is made possible through generous donations such as the one made by the Armstrong Family and the work of the Shoreham Village Foundation.

This gift and others are truly appreciated.

For more information about ways to give to Shoreham visit www.shorehamfoundation.ca



Welcome to New Staff

Janet Simm, CEO

Welcome to New Volunteers

Kelsey Hamm
Jamie Haughn
Laurie Ann Hughes
Sandra Levangie
Diane Verrier

Orientation sessions are held monthly for new volunteers.

Shoreham Village Auxiliary

Gerri Allen, Chair

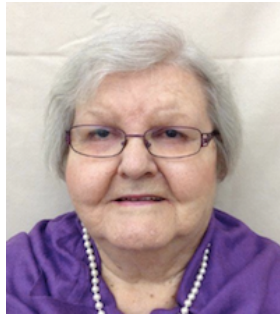
Shoreham Village Foundation

Janet Creaser, Chair
Gregor Fraser, Treasurer
Eric Christiansen
Nancy Murray
Susan Pattillo
Lara Parsons
Sandra Matthews

Board of Directors

Shoreham Village is governed by a volunteer Board of Directors.

Susan Neilson, Chair
Patsy Brown, Vice-Chair
John Campbell
John Frizzle
Nancy Guest
Elizabeth Henheffer
Nancy Timbrell-Muckle



Rhoda Stanford, Shoreham Village resident.

Hello, my name is Rhoda Stanford

Hello,

My name is Rhoda Stanford and I was born 1927. I grew up on a farm in Lapland, west of Bridgewater, with my parents Enoch and Blanche and my seven siblings.

As a child, I enjoyed playing outdoor games such as baseball and hopscotch. My siblings and I grew up as friends. As we got older we started helping out on the farm. The farm was on a hill and there were three other farms around so I was able to play with the other children.

I attended the one room school house in Lapland until grade ten. In the summers, I helped out on a farm in the next community where I got paid three dollars a week plus board. I came home every weekend.

"I am a quiet and happy woman who has had a good life."

*- Rhoda Stanford
Shoreham Resident*

I had lots of friends. I met my husband at the Lunenburg County Exhibition when I was eighteen or nineteen. I was almost twenty when I got married. Once we got married we moved to Wolfville. We had four children. I made their clothes out of rummage clothes, all done without patterns.

My favourite social events were cards and dances. I was in the Wileville Auxiliary and my husband was a firefighter. For a vacation, I took my kids on the ferry to P.E.I. We also went camping in Cape Breton.

I got remarried eighteen years after my first husband passed away. I love to knit, sew, and crochet. I used my talents to make wedding and bridesmaid's dresses.

I used to volunteer a lot with the food bank and church. I also used to work for the Bridgewater Bulletin, which I enjoyed for ten years.

For fun now, I love to read.

I am a quiet and happy woman who has had a good life.



Linda Bell, Manager of Recreation and Volunteer Services has been a part of the Shoreham Village family for over 35 years.

A Little About Linda

As Manager of Recreation and Volunteer Services, Linda Bell is Shoreham's "jack of all trades" and is in daily contact with residents. She coordinates and oversees a lively and holistic recreational program for residents to enhance their overall quality of life. These activities are made possible through the support of her team of Recreation programmers and more than 150 trained volunteers.

Linda believes in life-long learning and has been with Shoreham Village for more than 35 years, following the completion of her CCA nursing course. Since that time, she has continued her professional development by studying Recreation Programming at Mount Saint Vincent University.

Given her long service with Shoreham Village, Linda is a familiar face to residents, staff, friends and family.

Resident Care Update

In resident care we completed our first round of full formal medication reviews for all residents. These reviews are done twice a year to ensure that residents are on the appropriate medications. The next review will be in September.

Dr. Cox is now the consulting physician caring for residents' medical needs at Shoreham.

Resident care conferences are continuing on Wednesday afternoons.

There has been an increase in respiratory symptoms among our residents, so visitors and family should check with resident care staff before entering rooms in case precautions are in place.

In April, we will have our annual licensing inspection.

We also look forward to welcoming nursing students for summer work terms and education experiences as part of their learning programs.

For more information, please contact Kim Croft, Nurse Manager at 902-275-5631 ext 245 or k.croft@shorehamvillage.com.



Small meal groups give residents an opportunity for sharing a special meal together.

Small Groups Build Community

For the last ten years Shoreham Village has been offering residents the opportunity to get together in smaller groups for meals twice a month. There are five different groups with ten or so residents in each group.

If the residents are able, they assist with the meal preparation by peeling or cutting vegetables and other tasks. The food is provided by the dietary department and recreation staff and volunteers do the cooking, serving and clean up.

"The meal is delicious. We have a choice of how much you would like, we have the opportunity to pass the dishes around and serve ourselves, just like home. It is a different meal than we get in the dining room."

- Inez Coolen, Shoreham Resident

Although the groups can choose from any number of menu options, fish and chips is often their first choice as it is something that is not offered in the dining room. Last year, the men's group made a steak dinner.

"Great meals. It's good to get together."

- Sis Hamm, Shoreham Resident

For residents, the benefits are clear they can enjoy being involved in selecting and preparing a meal and sitting at one big table in a more private location where conversation is encouraged with different residents, like an old fashioned meal.



Some members of the Devotions group are shown around the piano. LEFT to RIGHT: Sharon Houghton, Doris Eagles, David Rockwell, Charlotte Corkum, Jack Mosher, Brenda Munroe, Phyllis MacKenzie, and Kay Keddy seated at the piano.

Devoted Volunteers

With Volunteer Week approaching in April, Shoreham recognizes the many contributions of our more than 150 dedicated volunteers.

Among our longest serving volunteers is the weekly Devotions group started at Shoreham Village over 40 years ago. When it started the dedicated group of volunteers led the residents in prayer, gospel music, readings, poetry and friendship. The Devotions group today follows the same format as years ago.

Today's team consists of David Rockwell, Charlotte Corkum, Phyllis MacKenzie, Sheila Woofe, Sharon Houghton, Brenda Munroe, Doris Eagles, Jack Mosher, Kay Keddy and Fran Delong.

This group faithfully administers to our residents' spiritual needs once a week in the leading of Devotions.

Many of the members volunteer in other ways at Shoreham too, including: Sensory programs, Palliative Care, picture shows, friendly visits, church services, sing a longs, recreation programs, laundry folding and anywhere where they are needed.

They are true friends of Shoreham Village and our hats go off for this great group of folks!

HIGH FIVE!

Compliments for a job well done.

Thank you for stepping up and demonstrating great team work, helping to lighten the load of colleagues and going above and beyond in caring for our residents.

DIETARY & NUTRITION SERVICES

Patti Blanchard

LAUNDRY

Tonya Noseworthy

RESIDENT CARE

Wanda Inglis
Melissa Porter
Vipin Varghese

DID YOU KNOW: SHOREHAM & NORTHWOOD PARTNERSHIP

Shoreham Village and Northwood have signed a partnership agreement.

What's new?

- Shoreham Village and Northwood have signed an agreement forming a new, innovative partnership that allows the two organizations to work together towards a single goal: providing quality care to residents. This is the first partnership of its type in Nova Scotia.

What does the partnership mean?

- The partnership will ensure that Shoreham Village remains an important part of the Chester community and opens up new opportunities for both organizations to take advantage of a new cooperative approach to delivering care to residents. A partnership means both organizations will benefit.

Education Sessions

for Staff & Volunteers

Upcoming sessions include:

- **Gentle Persuasion Approach (GPA).** The sessions educate staff on how to use a person-centred, compassionate and gentle persuasive approach responding respectfully, with confidence and skill to responsive behaviours associated with dementia. Offered by Paul Fieldhouse, Nova Scotia Health Authority & Joanne Hughes, Northwood (All staff will receive this training over the coming months)
- **Music and Memory Intro****
March 21 @ 1:30 pm
- **Common psychotropic medications** discussion with Evan Bezanson, Pharmacist
March 22 @ 1:30pm
April 5 @ 1:30pm
- **Mandatory topical agent education** (for CCAs)
March 23 @ 10:14pm
March 29 @ 7:00am
- **Montessori introduction****
March 24 @ 1:30 pm
- **Molnycke wound care** (for Resident Care)
March 24 @ 1:30pm
March 29 @ 1:30pm
- **Volunteer Orientation****
March 16 @ 2:00pm
March 30 @ 2:00pm
- **"Feeding with Sensitivity"** training (for Staff, Volunteers and families)
April 7 @ 2:00pm (register by April 1)
May 5 @ 2:00pm (register by April 29)

New Educational opportunities are always being scheduled and any date changes are posted on the Education Bulletin Board in the main hallway.

*For more information, please contact Linda Sears-Doucet at 275-5631 ext 246 or l.searsdoucet@shorehamvillage.com.

**Register a week in advance with Linda Bell extension 233 or 235 or email recreation@shorehamvillage.com



Volunteer Appreciation Event

National Volunteer week is April 10-16.

On April 14, Shoreham Village is hosting a Garden Tea from 2:00-3:30pm to honor our wonderful and dedicated volunteers.

Volunteers please reply by April 7th to recreation@shorehamvillage.com or call 902-275-5631 ext. 233 or 235.



Shoreham celebrates the many community groups that provide entertainment for our residents. ABOVE: Lunenburg County Fiddlers BELOW: Oasis Belly Dancers



Compliments?
Concerns? Suggestions?

We want to hear from you!

Contact us: info@shorehamvillage.com or 902-275-5631

Shoreham Village Home for Special Care

Contact Us: 902-275-5631 + extension below

Resident Care

A Wing	238
B Wing	239
C Wing	241
D Wing	240
E Wing	247
A/B Nursing Office	268
C/D/E Nursing Office	224
Nurse Manager	242
Physio-Assistant	237
Executive Director, In-care Living	245

Recreation

Manager of Recreation & Volunteer Services	235
Recreation Programmers	233
Hairdresser*	243

Dietary

Director of Nutrition Services	229
Kitchen	225

Environmental Services

Director of Support Services	227
Maintenance*	230
Seamstress	247

Administration

Chief Executive Officer	234
Office Assistant	221
Finance (finance@shorehamvillage.com)	222
Staff Development Coordinator	246

* There is no voicemail on this line

✂ Clip out and save for quick reference

Get ShorehamNews Online!

ShorehamNews is published and distributed to residents, families, staff, volunteers & visitors.

It is also available on our website or sign up to receive it by email:
www.shorehamvillage.com

Upcoming Events

- **March Birthday Party, March 21, 2:15pm**
- **Family Night, March 22, 6:30pm**
- **Easter Social, March 24, 2:30pm**
- **Volunteer Appreciation Garden Tea, April 14, 2:00-3:30pm**