

Shoreham *News*

Issue 18

September 2015



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OUR MISSION

To provide a high quality living experience for those who call Shoreham home.

OUR VISION

A leader in excellence and innovation in Long Term Care.

OUR VALUES

Integrity – Being honest, ethical, respectful, open and transparent.

Quality – Ensuring a high quality, safe and caring environment within our resources.

Teamwork – Embracing diversity and fostering innovation and creativity through teamwork, collaboration and partnerships.

Joy and Fun – Creating a comfortable, enjoyable environment where residents and their families are the focus and staff and volunteers are recognized and valued.

Message from the CEO

For many of us September brings a sense of anticipation of new beginnings. Perhaps this is ingrained in us from our school days - preparing for a new grade, getting to know new friends, or starting a new school.

Our summer was challenging, with a viral infection that required us to close our doors to volunteers and entertainers, and which also meant our residents could not go on outings or join together for daily meals. A season that is usually savored by our residents for the freedom it allows was instead one full of restrictions. Now that September is here we are full of anticipation, resuming our full scope of programs. We thank everyone for their patience, support and teamwork that brought us through that difficult time.

This September also marks a new beginning for Shoreham with the announcement of our new innovative long term partnership with Northwood.

This partnership will help to ensure Shoreham's sustainability into the future and our ability to meet changing demands within our resources, while providing excellent care to our residents.

September is also Continuing Care month. The theme this year is Continuing Care: Your Home, Our Passion. The theme reflects the aim of continuing care services to help people to live well in the place they call home. It also reinforces the commitment and compassion of the many people who have chosen this caring field of employment.

The goal of this year's campaign is to profile the advances being made in Nova Scotia's continuing care sector to improve quality of life and quality of care for the Nova Scotians who rely on these important services.

Thank you to all of our staff and volunteers who make such a difference in the lives of our residents every day.

Alice Leverman, CEO



Sharing the Harvest

Shoreham resident, Donald Barry, prepares beans he grew and harvested from his garden at Shoreham Village, with the assistance of a volunteer. He treated the whole table to fresh beans for dinner.

Partners in Progress

On August 25, the Board of Directors of Shoreham Village announced an innovative long-term partnership with the Northwood Group of Companies.

"Over the past eighteen months we have explored how to ensure that Shoreham continues to provide quality safe resident care and serve the

"This partnership with Northwood is a win-win."

Alice Leverman,
CEO Shoreham Village

community as a leader in long term care. We found that we needed a partner that would enhance our staff and resources in delivering our mission. Northwood has proven to be that partner," says Susan Neilson, Chair of the Board of Directors for Shoreham Village.

Increasing costs and changing expectations in the delivery of long term care services paired with reduced funding has meant that Shoreham needed to find ways to reduce operating costs while not compromising resident care.



Welcome to New Staff

Sharon Edwards – Environmental Services
 Wanda Inglis – RN
 Kuriakose Jose – LPN
 Ancy Paul – CCA
 Vipin Varghese – LPN

Welcome to Volunteers

Abbey Bent – handbells (summer)
 Thomas Robertson - handbells (summer)
 Cosette Howlett and her dog Quincy
 Estelle Stuart
 Bailey Webber

Shoreham Village Auxiliary

Gerri Allen, Chair

Shoreham Village Foundation

Janet Creaser, Chair
 Gregor Fraser, Treasurer
 Eric Christiansen
 Nancy Murray
 Susan Pattillo
 Lara Parsons
 Sandra Matthews

Board of Directors

Shoreham Village is governed by a volunteer Board of Directors.

Susan Neilson, Chair
 Patsy Brown, Vice-Chair
 John Campbell
 Nancy Guest
 Nancy Timbrell-Muckle



Muriel Jefferies has lived at Shoreham since June 2014.

Love at First Sight

My name is Muriel Jefferies. I was born in my parents' home in Montreal on May 9, 1920. My parents were Violet and Fred Bonnell and I had one brother, David.

I attended MacDonald High School. I loved to swim, boat and especially loved living by a lake. Favourite times were when I went to the dances. I love corn on the cob, cats and dogs, I loved to sew, knit and golf.

How great is that!

"I have an amazing life and I am so glad to be here in Chester."

- Muriel Jefferies
 Shoreham Resident

I met John Jefferies while we were at our country cottages. He needed his pants fixed one day and I fixed them. It was love at first sight. I was a housewife and a Librarian. We have two children Dianne and Barry who brighten my days.

I travelled to England, Germany and France. I later moved to Nova Scotia when my daughter Dianne moved here.

I have an amazing life and I am so glad to be here now in Chester.

Learning for Life (Staff)

Being certified in Cardiopulmonary Resuscitation (CPR) is a requirement for all of Shoreham's RNs & LPNs. Over the summer, all of our RNs & LPNs who required recertification in Cardiopulmonary Resuscitation (CPR) completed the course. Their skill level was superb and they passed the written test with flying colors! Kudos to all of these staff members and thank you for your continued dedication to maintaining your skills.

Substitute Decision Maker, Power of Attorney & Enduring Power of Attorney

On September 11, a lawyer and an articling clerk from Kennedy Schofield will present these topics, the responsibilities of each designation and how they apply in health care. This session and question and answer time is open to all staff.

Social Media & Confidentiality

As social media websites gain in popularity, health care workers must be attuned to issues of privacy and confidentiality. This education session will review government legislation, professional position statements, employer policies and other documents as they relate to the maintenance of privacy and confidentiality in the health care setting.

Thank you & Farewells

After nearly 20 years at Shoreham we recently said thank you and farewell to **Angie Lohnes**, our Director of Finance. Angie accepted a position with Community Services. We will miss her in many ways but know that this is a great opportunity for her. Congratulations Angie!

We have also recently said farewell to **Jennifer Tucker**, who provided nurse manager support over the past number of months.

"Every summer our students bring a breath of fresh air and this year was no different."

- Linda Bell
 Recreation

Thank you to **Sarah Lantz** and **Jeremie Shabani** for helping to make our residents' summer extra special. We wish them all the best as they resume their studies.

Celebrating Continuing Care

September is Continuing Care Month, which provides us with an opportunity to highlight the commitment and compassion of the thousands of people who work in this caring field and what that means for Nova Scotians who require their support.

Continuing care organizations are improving quality of care and quality of life for the Nova Scotians who rely on these important services through research and innovation, as well as by adopting leading practices, which promote health, well-being and independence and support families in caring for their loved ones.

Each year, over 36,000 Nova Scotians access continuing care in homes, nursing homes, and residential care facilities.



Residents have been enjoying the furniture made and donated by grade 8 students from CAMS: ABOVE (left to right) Sis Hamm, Karen Doucet (staff), Helen Andersen and Rena Nauss. More furniture was purchased with the support of the Auxiliary and Foundation for use by the residents, visitors and staff: BELOW (left to right) Shirley Swinimer, James Cruddas, Rena Rafuse and Dot Condon.



Partners in Progress (continued)

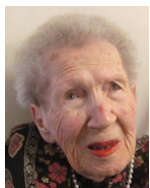
"This partnership with Northwood is a win-win," says Alice Leverman, Chief Executive Officer of Shoreham Village. "By integrating our operational, management and clinical expertise with Northwood, Shoreham will continue to provide excellent care for our residents within our available resources."

The objective of the partnership is to find efficiencies in operating costs by reducing duplication in management and administrative functions and focusing resources on resident care. Shoreham will maintain its unique identity and continue to be governed by its Board of Directors, while benefiting from the resources available through the larger organization.

"Shoreham Village and Northwood share similar origins and values as people centered not for profit service providers with a strong sense of community. We plan to build on that foundation going forward," says Northwood CEO Janet Simm.

A number of information sessions were held with staff, volunteers, residents and families during the week of August 25.

"When you talk you are only repeating what you know; but when you listen, you may learn something new."
- Dalai Lama



"Big" Birthdays

On September 5, Frances Schnare will be celebrating her 100th birthday with an open house from 1:00-3:00pm.



Ruby North, our most senior resident, will be turning 104 on September 11! Join her in marking this special day at her open house between 2:00-3:00pm.

DID YOU KNOW?

How will the partnership with Northwood affect Shoreham Village as an organization?

The Shoreham name, unique identity and presence in the community will not change. Shoreham will continue to hold its own license as issued by the Department of Health and Wellness. This new arrangement allows Shoreham to take advantage of Northwood's extensive expertise and resources, thereby reducing duplication, creating efficiencies and enabling as many of our resources as possible to be focused on the care of our residents.

How will this partnership affect our Shoreham residents?

Residents are our top priority and they will continue to receive excellent and safe care from our great Shoreham staff. Any changes introduced by the new partnership in the resident care area will be made to preserve and enhance the quality of care and living our residents experience on a day to day basis while at Shoreham.

New Brew on the Block

We regularly receive comments about the quality of the coffee we serve and inquiries as to whether it could be improved. We are also looking for areas where we can trim operating costs. As a result, we have been exploring ways that we could achieve both results.

On August 19, we introduced a new hot beverage service for a three month trial period. The Social Bean, a Halifax-based company, will be offering freshly ground "Just Us" coffee, cappuccino, lattes and hot chocolate for \$1.25 per cup. To learn more about the social bean, visit www.socialbean.ca.

If, during the three months, we maintain the sales of 14 cups of hot beverage per day required to cover the costs of the machine, we will be able to continue this service. If we do not have the minimum sales of 14 cups per day, the service will be discontinued.

For the past number of years we have been providing free coffee in the dining room for employees and families. On average this has cost the organization \$3000 to \$4000 per year. Continuation of this benefit may be evaluated after the trial period of the Social Bean hot beverage service.

The Social Bean beverage service is located in the room off the main lounge near the hair shop. In addition, the vending machines have been relocated to that space as well.

* If you have any questions about this new arrangement, please contact Melissa Houghton, Director of Food & Nutrition Services or Gaye Ernst, Director of Support Services.



Need Help?

Contact the

Employee & Family Assistance Program

WWW.WORKHEALTHLIFE.COM

1-800-387-4765

HIGH FIVE!

Compliments for a job well done.

Thank you for stepping up and demonstrating great team work, helping to lighten the load of colleagues and going above and beyond in caring for our residents.

RESIDENT CARE

Bernadette Arsenault

Chelsea Coolen

Barb Corkum

Emma Grady

Sherry Haley (two high fives)

Debbie Harlow

Amanda Jessome

Sarah Lantz

Shelby Mason

Melissa Porter

Alicia Swinimer

Vipin Varghese

Melinda Walker

Cathy Williams

Staff who worked the evening shift on July 16, 17, 18 and 19

LAUNDRY

All Laundry staff

MAINTENANCE

Barry Dorey and Steve

VOLUNTEER

Susan Connors

Education Sessions

for Staff & Volunteers

Volunteer Orientation

September 9, 2:00pm

September 11, 10:00am

Effective JOHS Committee

Mandatory Training for JOHS Committee Members with guest speaker John Brookfield, CUPE Safety Representative.

October 1, 1:00-3:00pm

Fire Safety Training for all RNs & LPNs

Employees must attend one of these mandatory sessions.

October 27, October 29 and

November 6, 9:00am-3:00pm

Upcoming sessions include:

- Social Media & Confidentiality (for all staff) – various dates
- Cytotoxic Medications (for RNs & LPNs) – September 10 & 30
- Substitute Decision Maker / Power of Attorney with guest speaker – September 11
- Pain Assessment and Management with guest speaker hospice nurses from Northwood (for RNs & LPNs) – September 17
- Choking (for Food Service) – various dates
- Diversity in the Workplace (for all staff) – various dates
- Falls Prevention with guest speaker Suzanne Baker (for Resident Care staff) – September 22 & October 8
- Medication Errors with guest speaker Evan Bezanson, pharmacist (for RNs & LPNs) – September 24 & October 2
- Loss with guest speaker Irene Hirtle, palliative care nurse (for all staff) – September 29
- Venipuncture (for RNs & LPNs) – October 6 & 16

Check Staff Education Bulletin Board for more information.

*For more information, please contact Linda Sears-Doucet at 275-5631 ext 246 or lsearsdoucet@shorehamvillage.com.

Parachute Fun!



Residents enjoying some outdoor fun: (left to right) Rena Nauss, Muriel Jefferies, Jeremie Shabani (recreation staff), Marion Beaman, Phyllis Levy, Inez Coolen, Jennie Richardson and Coral Janes.



Safety Tip – Lifting

31.6% of workplace injuries in Nova Scotia are back injuries.

Protect your back and lift properly.

*WCB 2011 stats

Get ShorehamNews Online!

ShorehamNews is published and distributed to residents, families, staff, volunteers & visitors.

It is also available on our website or sign up to receive it by email: www.shorehamvillage.com

Compliments? Concerns? Suggestions?

We want to hear from you! Contact us: info@shorehamvillage.com or 902-275-5631

Upcoming Events

- **Frances Schnare 100th Birthday Open House, September 5, 1:00pm-3:00pm**
- **Staff Meeting, September 8, 2:00pm**
- **Ruby North 104th Birthday Open House, September 11, 2:00pm-3:00pm**
- **Resident Wine & Cheese Party, September 18, 2:30pm**
- **Resident BBQ & Corn Boil, September 24, 12:00pm**
- **Resident Council, September 24, 2:30pm**
- **Continuing Care Month Celebration for Staff - Fish & Chips, September 28, 11:30am–1:15pm and 5:45pm–6:45pm.** Night Staff – food will be left in the fridge to be reheated. Tables will be set up in the main lounge for days and evenings staff.
- **September Birthday Party, September 28, 6:30pm**
- **Board Meeting, September 29, 2:00pm**
- **October Birthday Party, October 26, 2:30pm**
- **Halloween Party, October 30, 2:30pm**

Shoreham Village Home for Special Care

Contact Us: 902-275-5631 + extension below

Resident Care

A Wing	238
B Wing	239
C Wing	241
D Wing	240
E Wing	247
A/B Nursing Office	268
C/D/E Nursing Office	224
Nurse Manager	245
Physio-Assistant	237

Recreation

Recreation & Volunteer Services Coordinator	235
Recreation Programmers	233
Hairdresser*	243

Dietary

Director of Nutrition Services	229
Kitchen	225

Environmental Services

Director of Support Services	227
Maintenance*	230
Seamstress	247

Administration

Chief Executive Officer	234
Office Assistant	221
Finance (finance@shorehamvillage.com)	222
Staff Development Coordinator	246

* There is no voicemail on this line

✂ Clip out and save for quick reference