



SHOREHAM NEWS

OUR VISION

A leader in excellence and innovation in Long Term Care.

OUR MISSION

To provide a high quality living experience for those who call Shoreham home.

OUR VALUES

Integrity

Being honest, ethical, respectful, open and transparent.

Quality

Ensuring a high quality, safe and caring environment within our resources.

Teamwork

Working together efficiently, effectively and respectfully to achieve shared goals.

Joy and Fun

Creating a comfortable, enjoyable home where residents and their families are the focus and staff and volunteers are recognized and valued.



Message from the CEO, Janet Simm

During the holiday season, we like to take the opportunity to express our best wishes.

Shoreham Village Senior Citizen's Association has a long-standing tradition of not only caring for people, but caring about people.

We believe everyone has unique values, personal history and personality. We believe that each person has an equal right to dignity, respect and to participate fully in life. This philosophy is reflected in our values and the expectations we set for all our volunteers, staff and members of our community. It is grounded in creating relationships between our residents, their families and their caregivers.

As the Continuing Care system evolves, so do we. Our community is changing as we see, there are more new admissions than ever before and a growing number of individuals are joining us who have more complex care needs.

Our commitment is to continuously strive to improve the lives for those who call Shoreham Village home. We are making small improvements to improve our physical environment, we are investing in education and tools to assist our staff to provide high quality care and we continuously are looking for new approaches to assist our residents to live their life to the fullest.

Thank you to our Board of Directors, staff, volunteers, the Shoreham Village Foundation and the Shoreham Village Ladies Auxiliary for their assistance in achieving this commitment.

December is a busy month, be sure to watch the Main Bulletin Board for information on programming and please remember, families are invited to join their loved ones during holiday activities.

From the whole Shoreham Team, we wish you a wonderful holiday season and a Happy New Year!

CHRISTMAS REMINDERS

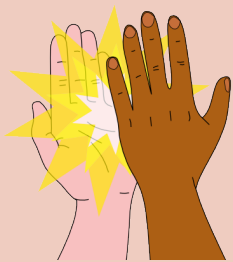
- Only artificial trees are permitted in resident rooms due to fire regulations.
- We have a scent-free policy. Please purchase unscented products when purchasing gifts for loved ones.
- Toxic plants, such as poinsettias, are not permitted.
- In accordance with fire regulations, we are asking that resident room doors not be decorated for the holidays.

HOLIDAY BUSINESS OFFICE HOURS:

The Business Office will be closed on the following days during the holidays:

- December 25th – Closed
- December 26th – Closed
- January 1st – Closed

HIGH FIVE!



Compliments for a job well done.

Thank you for stepping up and demonstrating great teamwork, helping to lighten the load of colleagues and going above and beyond in caring for our residents.

Rajvinder Kaur
Cheryl Nickerson
Tonya Noseworthy
Steven Selig

SHOREHAM VILLAGE AUXILIARY

Gerri Allen, Chair

SHOREHAM VILLAGE FOUNDATION

Janet Creaser, Chair
Gregor Fraser, Treasurer
Nancy Murray
Susan Patillo
Lara Parsons
Sandra Matthews
Deborah Housser

BOARD OF DIRECTORS

Shoreham Village is governed by a volunteer Board of Directors.

Susan Neilson, Chair
Patsy Brown, Vice-Chair
Nancy Timbrell-Muckle
Elizabeth Finney
John Frizzle
Alice Leverman

Home Care and Long-Term Care in Nova Scotia is Changing – for the Better

Every year, nearly 29,000 Nova Scotians rely on publicly-funded home care to live safely in the place they call home. More than 10,000 people are supported every year in long-term care homes. With an aging population high rates of chronic disease and disability, more and more Nova Scotians will need these supports.

We know that Nova Scotians of all ages want to live at home for as long as possible. Nova Scotia Health Authority has been working with home care agencies like Northwood and long-term care homes like Shoreham Village, to ensure people get the care they need when and where they need it. Over the past two years, we have improved access to home care and long-term care. More people are receiving home care, fewer people are going on the wait list for long term care, and wait times are coming down too.

Since 2012, we have been taking a Home First approach – putting supports in place to help more people return home from hospital after an illness or injury instead of moving directly into a nursing home. Home is often the best place for people to recover, receive care, and decide on their next steps. They can continue to live with their spouses and families in the communities they love. By offering more support at home, we often de-

lay or prevent someone going into long term care.

For some individuals, a time may come when living at home is no longer possible and moving into a long-term care home is the best option. This is a big life decision, and it is a decision that is best made from home rather than hospital. Because we are supporting people at home longer, many people entering long-term care are doing so later in their lives and closer to the end of their lives. This means their stay in the nursing home is shorter. This is a change. As we continue to focus on Home First, we expect people will spend more time living at home with home care and less time living in nursing homes before they reach the end of their lives.

Keeping families together, supporting people at home as long as possible and ensuring access to long-term care when needed continue to be our priorities. Working with contracted providers like Northwood and Shoreham Village we are providing the quality care and experience people need.

*A message from Susan Stevens
Senior Director, Continuing Care
Nova Scotia Health Authority*



Allergies & Modified Diets

This is a reminder that we have staff with severe shellfish allergies. If you would like to bring in shellfish for your loved one please speak with Melissa Houghton, Manager of Nutrition Services at extension 229.

Shellfish must be stored and/or eaten in the OT room and we would ask that you stay with your loved one while they are enjoying their treat.

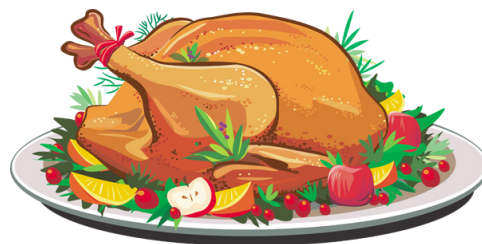
If you are storing food items in the OT room or in the fridge on the wing where you loved one lives, please ensure the food is stored in a tightly seal container with a label indicating the residents name, the food item and the date the food item was prepared.

If you are bringing in treats, management requests you share them with your loved one only as there are many residents who have specialized, modified diets and/or food allergies.

Meals with Residents

Christmas is quickly approaching and we encourage families to visit. The Food & Nutrition Department will be offering Christmas Day Dinner and New Year's Day Dinner to resident's families. We are able to accommodate two family members per resident up to a maximum of 20 people per meal.

If you would like to attend, please contact the Business Office to purchase a ticket for \$10.00 before December 11, 2017.



Introducing Chelsey MacNeil and Danyka Devost

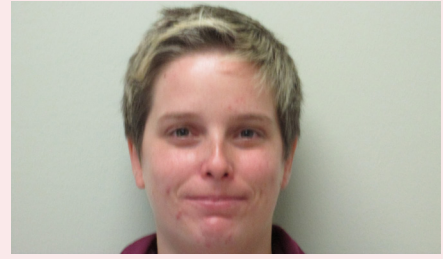


Chelsey is our new Recreation Programmer. She was born in Sydney, Nova Scotia, but grew up in Dartmouth. She studied Recreation Therapy at the NSCC Waterfront campus in Dartmouth.

Since then, she has worked in many different nursing homes and hospitals, specializing on the Dementia care units.

Chelsey also loves to volunteer and has worked with Big Brothers Big Sisters for many years. She also volunteers at a camp in Crosslake, Minnesota for children with disabilities.

Chelsey has a passion for working with older adults because she sees the importance of Recreation Therapy. She is very excited to start her career here at Shoreham Village and looks forward to getting to know all of the residents and staff.



Danyka has recently joined the Shoreham Nursing Team as our new Day Charge RN. Danyka has lots of long-term care experience and we are very fortunate to have her here. Please take a moment to say hello.

Danyka graduated with her BScN from the University of Moncton in 2014 and has been building her career in long-term care since.

Danyka is a strong resident advocate and is committed to working with residents and families to improve their stay here at Shoreham.

Fixin to Get Hitched



Thank you to the Shoreham Village Ladies Auxiliary for organizing this fundraiser on November 4, 2017. Your dedication, passion and support have been unwavering!

Fixin to get Hitched was presented by the Accidental Actors.

A special thank you goes out to:

- The Accidental Actors for their amazing talent and generosity in providing their time to us with this years performance.
- The Chester Basin Royal Canadian Legion for allowing us to use their facilities for this event.

- Chester Scotia Bank for their ongoing support.
- Kempton for selling 50/50 tickets.
- And of course, our Ladies Auxiliary President Gerri Allen and her team, along with MJ and all those who volunteered their time to help in the kitchen and serve the wonderful meal.

Also, thank you to the following organizations that made donations to support the success of the event:

Chester Fo'c'sle Tavern
Lunenburg Fisheries Museum of the Atlantic
New Ross farm
Chester Castle Building Supplies
Chester Home Hardware
Chester Pharmasave

It was a special night. Our resident talent scouts Inez, Thelma, Lydia and Shirley gave the event two thumbs up!

Thank you to all who participated in the event for supporting Shoreham Village and our ongoing efforts to provide quality care to our residents.

REWARDS GUARANTEED!

Seeking a Dining Room Assistant on Christmas Day



If you have a few hours to spare on Christmas Day our resident's would love to spend them with you. Please contact Recreation at 233.

Family Council

The team at Shoreham Village is very interested in receiving feedback from families.

We have a very active Resident Council and are very pleased with the dialogue with families regarding the care of their loved one during care conferences.

We are always looking for opportunities to engage families in our planning and getting feedback regarding new initiatives.

We did not have any family members attend the last two scheduled Family Council meetings, therefore, we are looking for your feedback on the follow questions:

1. Do you believe there is a need for Family Council meetings?

If not: Is there a better way to engage families in planning discussions?

If yes: Is there a better time for Family Council meetings?

2. Are there agenda items that you would like to see included on the agenda?

Please provide your feedback to Janet Simm at j.simm@shorehamvillage.com or (902) 275-5631. A hand written submission can be left with any of the management team and they will forward it to Janet. As well, she would be pleased to meet with you to discuss your feedback.



Construction Updates

C Wing:

Painting has been completed. The plexi-glass partition has been removed from the counter top and a new counter has been installed. We have relocated the TV and created a cozy corner. Our next focus will be on creating a solution to place resident names outside their rooms.

CDE Renovations:

We are on schedule with a project in the office area which is expected to be completed by the last week of November. As part of

Shoreham Village

Contact Us: 902-275-5631 + Extension

* Indicates voice mail

Resident Care

A/B Nursing Office *	268
C/D/E Nursing Office*	224
Central Station	223
A Wing*	238
B Wing*	239
C Wing*	241
D Wing*	240
E Wing*	247
Staffing & Admin Officer*	232
Nursing Services Manager	
Kim Croft*	242
Nursing Services Manager	
Angela Cain*	246
Physio Assistant*	237

Recreation

Recreation Programmers*	233
Hairdresser*	243
Mgr, Rec & Volunteer Services*	235

Dietary

Kitchen*	225
Director, Nutrition Services*	229

Environmental Services

Seamstress*	231
Maintenance*	230
Director, Support Services*	227

Administration

Office Asst./Business Office*	221
Finance*	222
Chief Executive Officer*	234

We want to hear from you! Contact us at info@shorehamvillage.com or 902-275-5631 ext.221.

this project, we will also be upgrading our fire alarm system which is scheduled for the last week of November.

Elevator Upgrade:

This project is tentatively scheduled to begin the middle of January and is estimated to take approximately four weeks. During this project, the OT Room will be unavailable for families to book as we will have to utilize this space throughout the project. We apologize in advance for the inconvenience.

Flu Season is here again!



As the weather gets colder, we begin to see folks sneezing & coughing. This reminds us that influenza season is near.

We have just finished immunizing our residents and would like to remind all visitors to please consider getting their flu shots to help keep our residents safe. This is also a way to keep you and your own friends and family safe.

If you do feel unwell, please consider delaying your visit. If you do come to visit, please make note of any signage which may indicate if there are areas of illness in the building.

Also as a reminder, please make sure you wash your hands before and after your visit, as well as frequently during your time at Shoreham. Soap and water is always best, however there are hand sanitizer dispensers through the facility.