Notices

Family Council:

The next meeting will be at 6:30 p.m. on October 17. If you have any agenda items you would like to discuss, feel free to e-mail them to Janet Simm at j.simm@ shorehamvillage.com or bring them forward at the meeting.

We are looking for a replacement for Peter Graves, our current Co-Chair of Family Council. If interested please let Janet know.

Bulletin Boards

The family bulletin board has been relocated to the main lounge across from the main corridor. The staff kudos board has been relocated to outside the staff room from the main corridor.

Shoreham Variety Store Needs your help!

The store is open Monday to Friday from 1 - 3 pm.

We are looking for volunteers! If you would like to help in the store please let Recreation know. If you have any new giftware items that you would like to donate, please see the Business Office. All donations are greatly appreciated; however, we would need to see the items first to determine if they would be sellable in our store.



SWING FOR SHOREHAM GOLF TOURNAMENT A SUCCESS!! **TO THE PLAYERS, SPONSORS, DONORS & VOLUNTEERS THANK YOU!**

PRESENTING SPONSOR: Scotiabank

MAJOR SPONSORS:

Bellwether Healthcare Solutions Inc. * Clearwater Seafoods Oceanview Garden Centre & Landscaping * Lawtons Drugs

SPONSORS & SUPPLIERS

Chester Golf Club Rockingham Hardware Ltd. Novacorp Properties Ltd. South Shore Lumberjacks **RBC** Royal Bank David Bond Law West Nova Propane Lions Club-Chester Basin-New Ross BW Armstrong Insurance Spidle's Your Independent Grocer **Royal Bank Foundation** Chester Pharmasave AC Belliveau Veinotte Sales Beacon GN Thermoforming Northern Climate Mechanical Inc. South Shore Ready Mix Land and Sea Contracting Atlantica Oak Island Inn Dexter Construction Wells Lamey Mailman & Bryson Law Hawboldt Industries Residents of Chandler's Cove Village New Ross Credit Union Tim Horton's Chester Chester Building Supplies Stan's Dad and Lad Municipality of Chester Foodland Irving

Subway Chester Foc'sle Tavern The Stretch Diner Rope Loft Big Red's Pizza King Bo's Chinese Food Seaside Shanty Kiwi Café Buddy Eisnor 2 Crows Brewery Sol Meril Bertussi Group The Old Fish Factory Chesterplay House Sysco White Gate Inn and Restaurant Oceanstone Seaside Resort Golf Central Jack Fickes The Kayak Shack **Thumpers Salon** LUNA Salon Spa & Boutique Emma Diamond Esthetics Jim Barkhouse Roma Dingwell Vicki Balcom Ken Wo Golf Club Bluenose Golf Club O'Regan's

The Foundation raised \$36,000 for Shoreham Village. On behalf of our Board, staff and residents, THANK YOU!



SHOREHAM NEWS

Our Vision

A leader in excellence and innovation in Long Term Care.

Our Mission To provide a high quality living experience for all

those who call Shoreham home.

Our Values

Integrity Being honest, ethical, respectful, open and transparent.

Quality Ensuring a high quality, safe, responsive and caring environment within our resources.

Teamwork Embracing diversity and fostering innovation and creativity through teamwork, collaboration and partnerships.

Joy and Fun Creating a comfortable, enjoyable home where residents and their families are the focus and staff and volunteers are recognized and valued.

Message from the CEO

September is Continuing Care Month in Nova Scotia. It is a time when we recognize the contribution made by thousands of dedicated and compassionate people who have chosen this caring field of employment. This year's theme is: Continuing Care: Your Home, Our Passion.

Shoreham Village Senior Citizen Association was founded by a group of local citizens in 1974 to address the growing need for long-term care in the Chester area. Shoreham is a non-profit organization governed by a volunteer board of directors and we enjoy wonderful community support.

Over the years, we have built a reputation as a trusted, quality long-term care home providing a home-like environment for our 89 residents. Both staff and volunteers are dedicated to providing excellent care and service to our residents, with compassion and respect for each individual resident. Today, Shoreham is a vibrant and diverse community enriched by the people we serve and by those who have chosen to serve.

On behalf of Shoreham's Board of Directors, the leadership team, I thank you for the dedication, commitment and caring support you provide each and every day.

I also want to extend a special thank you as always to the members of our Foundation and our Shoreham Village Ladies Auxilliary.

These dedicated individuals support us in improving the quality of life of our residents through financial contributions to equipment purchases, improvements to our building, special events and the hours of time dedicated to special events and improving the lives of our residents.

Janet

The Board of Directors would like to extend a thank you to Nancy Guest, who has retired from the Board of Directors. Nancy has been an instrumental member of the Board, advocating for the needs of our residents. Nancy's dedication and commitment to Shoreham's Mission, Vision and Values has had a positive and lasting impact on the lives of our residents. Thank you Nancy, your contribution is very much appreciated.

Sue Nielson



Issue 24

Sept 2017



Welcome to New Staff

Shirley Fader Annette Levy Nathaniel Lantz

Welcome to New Volunteers

Welcome back CAMS Grade 8 students!

Shoreham Village Auxiliary

Gerri Allen, Chair

Shoreham Village Foundation

Janet Creaser, Chair Gregor Fraser, Treasurer Eric Christiansen Nancy Murray Susan Patillo Lara Parsons Sandra Matthews

Board of Directors

Shoreham Village is governed by a volunteer Board of Directors.

Susan Neilson, Chair Patsy Brown, Vice- Chair Nancy Timbrell-Muckle Elizabeth Finney John Frizzle

Improving our Building and Services

We continue to strive to surround our residents with a caring environment; however, the physical condition of our building poses many challenges. Several years ago, government announced that our building required replacing or significant renovation. While we continue to work with government to develop that plan, we are striving to make small improvements to improve the living spaces for our residents.

We have been able to obtain funding through a CMHC program that allowed Shoreham Village to refinance the current CMHC mortgage at a lower rate. This combined with funding from our Foundation and funding that the Board has approved from our operating budget, we are making some much needed improvements to our building.

We are excited to begin renovations to the area around the nursing desk located at the entrances to C, D and E wing. Renovations to this area will begin the first week of October and are expected to be completed by the end of December. The renovations will remove the desk, open the area to provide a welcoming area for all residents to socialize with family and friends and will help us make improvements to the dining area for residents and to meal service. Residents will enjoy more access to natural light and a "living room" setting to interact with families and friends.

As with all renovations, there will be disruptions during the construction. We will follow required infection control standards to protect residents, staff and visitors and will work to minimize any interruption to residents. As the plans are finalized, there will be more information shared. If you have questions please contact Gaye Ernst.

We are also making improvements to C Wing. Shoreham offers a secured living area for residents with special needs, e.g. exit seeking, dementia related behaviours. C Wing is equipped with a key pad locking system that prevents resident from leaving the area without supervision. Family members and staff have expressed challenges and concerns and have offered suggestions for improving the quality of life for residents residing on C Wing. We have started to make some changes based on this feedback and will focus on four areas; the physical environment, socialization, meal service and consistency in staffing.

Our maintenance department is nearing completion of painting the walls a softer more welcoming colour. Research also shows that contrasting colours make it easier for residents affected with dementia to find their way. The doors of the residents' room will be painted contrasting colours to help them locate their rooms. We are fortunate to have a volunteer painting murals on the exit doors to help blend the doors into the environment to lessen the anxiety for resident who exit seek. We will also be adding art work to the walls. The dining area will be reorganized to create a "cozy corner"; a sitting area more welcoming for interaction with families and social interaction.

There is a working group including a Recreation Therapist from Northwood and the Challenging Behaviour Consultant from Nova Scotia Health Authority creating individualized activity and therapeutic recreation plans for each resident based on their abilities and interests. Recreation staff have focused programs on C Wing on a daily basis. There will be recreation and activity supplies available to all staff and families to assist in interacting with residents.

Meal service delivery to C Wing will change to improve the food temperature and improve the ability to offer meals at varied times based on when the resident is ready to eat and staff can offer more support during the meal.

Staff on C Wing will be permanently assigned and will receive additional education and training to help them to response to the needs of the residents. Staff were asked to let managers know their interested in working on C wing.

The working group will be arranging individual and group meetings for all family members to learn more about each resident's past interests, likes and dislikes and your comments and suggestions on the changes. We look forward to seeing how these changes impact the lives for residents living on C Wing.

Funding from the Department of Health and Wellness was received to upgrade our current elevator to meet current standards. There is no timeline provided to date for this project, however, parts have been ordered. As well, our Domestic Hot Water System project has been completed except for a few modifications to the system.

A big thank you is to be extended to Donald Barry, resident, who completed painting of our resident smoking gazebo. Job well done Donald!

HIGH FIVE!

Compliments for a job well done.

At Shoreham, we know we have great employees. The High Five! Program encourages staff to recognize their colleagues for going above and beyond their role to make a positive impact in the lives of our residents, make a difference in the day of their colleagues, or make a positive impact in our community in some way. The following staff were recognized by their colleagues.

Tia Demont Shaylene Eisenhauer Angela Lambert Felicia Sawler Jill Harlow Patricia Collicutt

In addition to the above list, Cortney Zwicker submitted a High five! For all staff for being great employees!

Thank you for stepping up and demonstrating great teamwork, helping to lighten the load of colleagues and going above and beyond in caring for our residents.