

Shoreham *News*



Issue 21

February 2016

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OUR MISSION

To provide a high quality living experience for those who call Shoreham home.

OUR VISION

A leader in excellence and innovation in Long Term Care.

OUR VALUES

Integrity – Being honest, ethical, respectful, open and transparent.

Quality – Ensuring a high quality, safe and caring environment within our resources.

Teamwork – Embracing diversity and fostering innovation and creativity through teamwork, collaboration and partnerships.

Joy and Fun – Creating a comfortable, enjoyable environment where residents and their families are the focus and staff and volunteers are recognized and valued.

Message from the CEO

As I prepare to leave Shoreham for “retirement”. I wish to express my gratitude for the privilege of serving as Shoreham’s CEO for the past 34 months. It has been such a positive experience to have worked alongside so many dedicated, capable and caring individuals. I learned early on that Shoreham is indeed a special place for our residents and their families, our volunteers, our employees and our community. The opportunity to witness the love for our residents and the joy of getting to know the strengths, contributions and commitment of all those who play a part in Shoreham is something I will treasure forever.

Over the past few years, we have worked together as a team. We have faced many challenges, taken advantage of new opportunities and responded to many changes with positivity, understanding and hope. It has not always been easy for everyone. However, our collective commitment to continuously improve has remained at the forefront every day, so that our residents and their families could continue to be assured of high

quality, safe care and the best day-to-day living experience possible. I am proud of the work we have done together and I am confident that will continue.

I wish to extend my sincere appreciation to our wonderful employees and volunteers, our community and community partners, our Northwood colleagues, the Nova Scotia Health Authority and the Department of Health and Wellness for your dedication, hard work and unwavering support during my time at Shoreham.

As we move forward with our new partnership with Northwood, I want to acknowledge and commend the leadership, vision and courage of our Board of Directors who have taken a bold and innovative step to ensure the sustainability of our beloved Shoreham for years to come.

The years ahead are promising ones.

Thank you and best wishes to everyone for continued success.

Alice Leverman, CEO

Resident Care Update

“Things are moving forward in Resident Care!” says Kim Croft.

Families have been sent Advanced Foot care documentation and our program is moving forward. Our Advanced Foot care team, includes Lorna Maclean, an LPN currently working here at Shoreham, and Nancy Drew, who will join us from Northwood.

“Things are moving forward in Resident Care!”
- Kim Croft
Nurse Manager

To ensure necessary medications are being delivered to our residents, Medication Reviews for all residents are planned for February. Families will be notified if there are any changes and we will answer any questions you may have.

Care conferences have also begun for 2016. These meetings will be in the afternoon to better manage resident care in the morning.

Finally, we continue to work towards hiring great new staff at Shoreham. So expect to see some new faces likely in the very near future.



Welcome to New Staff

As we welcome Niki Rhodinizer back, we thank Jamie Haughn for her tremendous contributions to the Recreation team.

Welcome to New Volunteers

Don Burch

Orientation sessions are held monthly for new volunteers.

Shoreham Village Auxiliary

Gerri Allen, Chair

Shoreham Village Foundation

Janet Creaser, Chair
Gregor Fraser, Treasurer
Eric Christiansen
Nancy Murray
Susan Pattillo
Lara Parsons
Sandra Matthews

Board of Directors

Shoreham Village is governed by a volunteer Board of Directors.

Susan Neilson, Chair
Patsy Brown, Vice-Chair
John Campbell
John Frizzle
Nancy Guest
Elizabeth Henheffer
Jason Spidle
Nancy Timbrell-Muckle



Harry Walker, 99, moved to Shoreham in July 2011.

Meet Harry Walker

My name is Harry. I was born in Halifax ninety-nine years ago.

When I was only two months old I survived the Halifax Explosion. Not much later, my father passed away and my mother remarried. My mother, brother and sister and I moved to Detroit to live with my new stepfather when I was five years old. Years later we moved to a cattle ranch in Palm Springs.

I stayed in school until I was in grade five. I fondly remember hunting and playing with the horses in the mountains.

When the war started I enrolled in the army and later moved to the air force. I worked on a big air strip. Later on I lived in Newfoundland where I made false teeth. I was a very hard worker.

"I think it is very important to work hard, to help anyone whenever possible, and to be kind."

- Harry Walker
Shoreham Resident

During the war years I got up the courage to ask my wife if she'd marry me. Leolyn was beautiful. I was a handsome young man and had many opportunities to marry different women, but I had my heart set on her since I was a young child. Once we married, I built her a lovely home. Together we had three children. George and Richard came first and we thought our family was complete. Years later, we had our daughter Susan. We had fun raising our children.

I think it is very important to work hard, to help anyone whenever possible, and to be kind.

RESIDENTS' COUNCIL NOTES

At the upcoming Residents' Council meeting on February 4, Janet Simm, CEO of Northwood and Alice Leverman, CEO of Shoreham will have a discussion with residents about the partnership with Northwood. Residents will be given the opportunity to ask questions about what the transition will mean for them.



ABOVE: (Left) Audrey Mosher having a moment with Santa; (Right) Inez Coolen. BOTTOM: Audrey Sommerville greeting Santa.

Christmas filled with Thanks

Christmas may seem like a distant memory, but at Shoreham we are still awestruck by the outpouring of generosity and memories made here over the holidays, with the support of the community. There were:

- Entertainers who gave their time to bring the spirit of the Christmas season to our residents and volunteers like Joan Chandler who led us in Christmas music all month.
- Visits by Santas, Byron Rhodenizer and Roger and Christine Hirtle; children's visits, school visits and dancers.
- Volunteers who helped with decorating and serving at Christmas functions. Joannie Swinimer, who made yummy cookies and Lillian Myra who made the resident memory angels and resident Christmas socks.
- Wonderful Christmas Day volunteers who helped residents open socks, served wine, helped in the dining room, served staff Christmas dinner and boxed evening dinners.
- Rayanne Heisler, Joannie Swinimer, Lawtons, Church groups and Legions who brought Christmas treats and gifts for our residents.
- Debra Bond who donated yummy Solomon Gundy.
- Corinna Tanner who donated a Christmas basket and Dot Condon who sold tickets, raising over \$400 for Resident Council. (The winner was Linda Bond.)
- The Auxiliary who made sure our residents each received a Christmas stocking with goodies and gifts.
- Pat Bates who organized and led our Special Christmas service and rounded up calendars for our residents
- Clergy who participated in making our Christmas service so special for our residents.

We hope we have not forgotten anyone, please forgive us if we did. Thank you all!

Did you miss picking up a calendar?

Shoreham Village 2016 Calendars are available at the Shoreham Village Office, Chester Pharmasave and Light My Fire. Now just \$10!



"I am very happy with how things are done at Shoreham. It really is about the residents. Coming back on the Board, I'll see what I can do to contribute to the organization."

- John Frizzle
Board Member

Back on Board

John Frizzle is no

stranger to Shoreham. In fact, he served on the Board of Directors for a number of years. He has recently come back on the Board and is looking forward to seeing how he can contribute. This time he comes with an additional and very important perspective, that of a family member of a resident.

"I'm very happy with how things are done at Shoreham. It really is about the residents," he says.

John has extensive experience in figuring out how to make things work. During his long career as a mechanical engineer he was a frequent go to for Michelin when they needed robotics design work done. While John was usually busy with projects, his wife Aileen, ran the business side of things. The couple have lived in Chester for decades and raised their family here. Now their children and grandchildren come back to visit.

In the years since he last served on the Board, many may have seen John at the Chester Golf Course, where he was an active Board member and helped guide the course through many improvements to the club house, restaurant and proshop. Having given up his Board responsibilities, you still may find him on the greens some mornings in the summer.

CYBER SENIORS – Partnership with Youth

Thanks to a \$2100 grant from the Municipality of the District of Chester we will be piloting a Cyber Senior iPad program. We will be partnering our seniors with youth in the community to learn all of the wonderful things they can do on the internet. If you know of some young people who are computer savvy and would enjoy teaching a senior please contact our Recreation Department. Job well done Jamie! We are very excited to begin this program.

Music & Memory

The Music & Memory program is going along very well. There are now 20 residents who have individualized music on iPods. Special thanks to **Nateleen Zinck** one of our super volunteers who believes in this program and contacts families for music ideas and then loads the music on the shuffles. Also special recognition goes to **Karen Doucet** who works hard to make this program succeed. We welcome **Joey Carver** who will be helping us this winter contacting families for music and downloading individualized music on the shuffles.

A Music & Memory kit includes an iPod shuffle, case, two sets of headphones, a splitter and wall charger. Each kit costs approximately \$100.00.

This program makes a huge difference in our residents' quality of life. Thanks to **Joannie Swinimer** for her kind donation to the Music & Memory program.

If you would like to donate an iPod shuffle or would like to purchase one for your loved one please contact Recreation for more information.

HIGH FIVE!

Compliments for a job well done.

Thank you for stepping up and demonstrating great team work, helping to lighten the load of colleagues and going above and beyond in caring for our residents.

ENVIRONMENTAL SERVICES

The entire team

DIETARY & NUTRITION SERVICES

The entire team

MAINTENANCE

The entire team

RESIDENT CARE

The entire team
Ashley Collicutt
Margo Esner
Kaylah Frelick
Debbie Harlow (2 high fives)
Wanda Inglis
Amanda Peterson
Irene Rafuse
Sheila Schnare

RECREATION

The entire team

SENIOR LEADERSHIP TEAM

The entire team

VOLUNTEERS & AUXILIARY

The entire team



Environmental Services staff spread good cheer on December 23, by delivering hot chocolate to residents and staff.

We make a LIVING by what we GET
but we make a life by what we give
Winston Churchill

DID YOU KNOW: SHOREHAM IS NO-SMOKING, BUT...

Shoreham Village has had a no smoking policy for years, which allows for residents and staff to smoke in designated areas outside. We also offer access to smoking cessation support programs. Members of the public, family members and other visitors are not permitted to smoke on the property.

Who can smoke on the property?

- Residents of Shoreham
- Staff of Shoreham

Where are the designated smoking areas?

- Residents may smoke in the designated smoking hut only.
- Staff have been using the gazebo in the Lions' Park on a temporary basis while a new area is being built behind the Residents' smoking area near the pond. The new staff structure will have a plexiglass wind-break on two sides and a bench, similar to a city bus shelter. Materials have been ordered and are awaiting delivery and installation.

Education Sessions

for Staff & Volunteers

Upcoming sessions include:

- **Stroke Basics** (for all staff)
January 29, 1:30-2:00pm and repeated from 2:00-2:30pm
- Snacks will be provided
- **Gentle Persuasion Approach** (GPA) for people with Dementia (designated staff)
February 28, all-day
Offered by Paul Fieldhouse, Nova Scotia Health Authority & Joanne Hughes, Northwood (All staff will receive this training over the coming months)
- **“Ethical Issues in an Aging Society”**
February 2, 1:30-3:30pm
Royal Bank Theatre, Halifax Infirmary. More information: darla.bailey@nshealth.ca
- **Volunteer Orientation**
February 10, 2:00pm
- **“Feeding with Sensitivity”** training (for Staff, Volunteers and families) Presented by Linda Sears-Doucet and Kaila Saunders (Dietitian)
February 11, 2:00-3:00pm (same as the January 19 session).
- **Snoezelen Training**
February 24, 2:00pm
- **Powers of Attorney & other decision making** (All staff)
February 28, by lawyer Kristen O’Keefe.
- **Montessori Training**
February 29, 1:30-2:30pm

New Educational opportunities are always being scheduled and any date changes are posted on the Education Bulletin Board in the main hallway.

*For more information, please contact Linda Sears-Doucet at 275-5631 ext 246 or l.searsdoucet@shorehamvillage.com.



Raise your hand if you would like to make a difference in the lives of our residents!

Current opportunities include:

- dining / meal assistants
- visiting

Contact us at: recreation@shorehamvillage.com or call 902-275-5631 ext. 233

And the Winner is . . .

Winners of the Auxiliary baskets were:

- Pasta night - Calvin Armstrong
- Pizza night - Yvonne BE
- Movie night - Sylvia Webber

CONGRATULATIONS

Congratulations to Northwood on being named one of Nova Scotia’s Top Employers for 2016!

FIRE!! The Fire Marshall says that for safety there may not be any decorative items on the corridor side of residents’ doors.



Safety Tip – Ice & Snow

- When walking and driving use caution and assume that all wet, dark areas on pavement and sidewalks are slippery and icy.
- Go slowly, be aware of your surroundings and allow yourself time and space to respond if you begin to slide.

Get ShorehamNews Online!

ShorehamNews is published and distributed to residents, families, staff, volunteers & visitors.

It is also available on our website or sign up to receive it by email:

www.shorehamvillage.com

Shoreham Village Home for Special Care

Contact Us: 902-275-5631 + extension below

Resident Care

A Wing	238
B Wing	239
C Wing	241
D Wing	240
E Wing	247
A/B Nursing Office	268
C/D/E Nursing Office	224
Nurse Manager	245
Physio-Assistant	237

Recreation

Recreation & Volunteer Services Coordinator	235
Recreation Programmers	233
Hairdresser*	243

Dietary

Director of Nutrition Services	229
Kitchen	225

Environmental Services

Director of Support Services	227
Maintenance*	230
Seamstress	247

Administration

Chief Executive Officer	234
Office Assistant	221
Finance (finance@shorehamvillage.com)	222
Staff Development Coordinator	246

* There is no voicemail on this line

✂ Clip out and save for quick reference



Compliments? Concerns? Suggestions?

We want to hear from you!

Contact us: info@shorehamvillage.com or 902-275-5631

Upcoming Events

- **Rug Hooking Demonstration, February 2, 2:00pm**
- **Chinese New Year, February 8**
- **Shrove Tuesday, February 9**
- **Valentines’ Day Party, February 14, 2:30pm**
- **February Birthday Party, February 29, 2:30pm**