

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Shoreham Recreation Calendar



New Year's Day

10:30 Hymn Sing (ML)	4 8:30 Folding (OT) 10:30 Devotions (ML)	5 9:00 Hand Wax (OT) 10:15 Learn to Line Dance (OT) 10:30 SenSupport (1:1) 11:30 Exercises with Jenna (ML)	6 8:30 Folding (OT) 10:30 Cranium Crunches (ML) 10:30 Resume Ukulele Lessons (OT) 11:30 Strength Class (OT)	7 10:30 Church (ML) 11:30 Exercises with Jenna (ML)	8 8:30 Folding (OT) 10:00 Music Therapy (group) 1:30 Gr. 9 Visit Adult Coloring (D) 2:00 Reindeer Games (ML)	9 Clergy Rev Pretty- 8 th Rev Webb - 15 th Pat Bates- 22 nd Rev Ago - 29 th	10
2:00 Crosswords & Coffee (ML)	2:00 Wing Programming	1:30 Gr. 9 Visit (ML) Card Bingo 6:30 Music with Guitbas (ML)	2:00 BINGO (ML)	6:00 Paint Nite (ML)			
	11 8:30 Folding (OT) 10:30 Yoga & Meditation (OT) 10:45- Mate- Art Program (C)	12 9:00 Hand Wax (OT) 10:15 Learn to Line Dance (OT) 10:30 Montessori (1:1) 11:30 Exercises with Jenna (ML)	13 8:30 Folding (OT) 10:30 January Jeopardy (ML) 10:30 Ukulele Lessons (OT) 11:30 Strength Class (OT)	14 10:30 Church (ML) 11:30 Exercises with Jenna (ML)	15 8:30 Folding (OT) 10:00 Music Therapy (group) 10:30 Luncheon (OT) (making mini pizzas)	16 10:30 Armchair Travels (ML)	
3:15 Knitting Circle	2:00 Music with Ron & Friends (ML)	6:15 Country at the Cross (ML)	1:30 Gr. 9 Visit (ML) Cards 2:30 Virtual Memory Café	2:00 BINGO (ML)	6:30 1:1 Visits	2:00 Nail Care (OT)	
Happy Birthday to..... Lydia P- 4 th Hugh L- 6 th Lillian M - 14 th Lila W- 16 th Patricia R - 17 th Betty E - 21 st Peggy H - 25 th Olga H - 27 th Martin Luther King Jr. Day	18 8:30 Folding (OT) 10:30 Devotions (ML)	19 9:00 Hand Wax (OT) 10:15 Learn to Line Dance (OT) 10:30 Snoezelen (1:1)	20 8:30 Folding (OT) 10:30 Resident Council (OT) 10:30 Creative Movement (C) 11:30 Exercises with Jenna (ML)	21 10:30 Church (ML) 11:30 Exercises with Jenna (ML)	22 8:30 Folding (OT) 10:00 Music Therapy (group) 10:30 Resident Choice	23 (ML)= Main Lounge (OT) = OT room (OS)= Outside Programs are subject to change Outings are weather permitting	24
	2:00 Crafting (OT)	2:00 Crafting (OT)	2:00 Balloon Badminton (ML) 6:00 Evening Sing Along (ML)	2:00 BINGO (ML)	2:00 Red Hatters (OT) 6:30 Word Puzzles & Hot Chocolate (ML)	2:00 Wine & Cheese Social (ML)	
10:30 Baking with Colleen (OT)	25 8:30 Folding (OT) 10:45- Mate- Art Program (B)	26 9:00 Hand Wax (OT) 10:15 Learn to Line Dance (OT) 10:30 Snoezelen (1:1) 11:30 Musical Interlude with Eileen (ML)	27 8:30 Folding (OT) 10:30 Ukulele Lessons (OT) 11:30 Strength Class (OT)	28 10:30 Church (ML) 11:30 Exercises with Jenna (ML)	29 8:30 Folding (OT) 10:00 Music Therapy (1:1) 10:30 Spiritual hour (ML)	30 10:30 Crafting (OT)	31
2:00 Lexicon Social (ML)	2:00 January Birthday Party (ML)	2:00 Cards & Games (ML) 6:30 Men's Club	2:00 BINGO (ML)	1:00 Baking Class (with OT) 1:00 Tanya Britain- class visit	2:00 Moose Mixer (ML)	2:00 Nail Care (OT)	
3:15 Knitting Circle			6:30 Music with HHG (ML)		3:15 Knitting Circle		

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