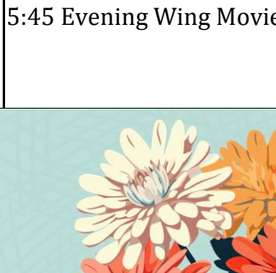
November 2026

Shoreham Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Nail Care (1:1) 11:30 Morning Motions (ML) 2:00 Tunes with Al (ML) 5:45 Evening Wing Movies Daylight Saving Time Ends	**2** 8:30 Folding (OT) 10:30 Devotions (ML) 10:30 SenSupport (1:1) Hydration 11:30 Morning Motions (ML) 1:00 A wing program 2:00 Balloon Badminton (ML) 5:45 Evening Wing Movies	**3** 8:30 Folding (OT) 9:00 Hand Wax (OT) 10:00 Learn to Line Dance (OT) 10:30 Montessori (1:1) Hydration 11:30 Morning Motions (ML) 2:00 BINGO (ML) 6:00 Evening Sing Along (ML)	**4** 8:30 Folding (OT) 10:30 Resident Council (OT) 10:30 Drum Fit (E) Hydration 11:30 Morning Motions (ML) 2:00 BINGO (ML) 7:00 Studio Singers Remembrance Day Concert	**5** 8:30 Folding (OT) 10:30 Social Visits (1:1) 10:30 Sing Along (ML) Hydration 11:30 Exercises with Jenna (ML) 11:30 Morning Motions (ML) 2:00 Remembrance Day Service (All welcome to join) 6:00 Hand Therapy with Nicole (OT)	**6** 8:30 Folding (OT) 10:00 Music Therapy (group) 10:30 Library Visit (ML) 11:30 Morning Motions (ML) 11:30 Luncheon Hydration 2:00 Boccia Ball (ML) 6:00 Then & Now (ML)	**7** 10:30Crafty Corner with Preet (OT) 11:30 Morning Motions (ML) 2:00 Bullseye & Beverages (ML) 5:45 Evening Wing Movies
8 10:30 Hymn Sing (ML) 11:30 Morning Motions (ML) 2:00 Concerts in Care concert (ML) 5:45 Evening Wing Movies _____ ***(ML)= Main Lounge*** ***(OT) = OT room*** ***(OS)= Outside*** ***Programs are subject to change*** ***Outings are weather permitting*** _____ We welcome and encourage residents, family, friends and staff to join us during our programming☺ Diwali (Hindi)	**9** 8:30 Folding (OT) 10:30 Yoga & Meditation (OT) Hydration 11:30 Morning Motions (ML) 2:00 Music with Ronnie & Friends (ML) 2:00 SenSupport (1:1) 6:30 Music with Country at the Cross (ML)	**10** 8:30 Folding (OT) 9:00 Hand Wax (OT) 10:00 Learn to Line Dance (OT) 11:30 Morning Motions (ML) Hydration 2:00 Memory café- Imperfections 2:00 Movie Matinee' (ML) 6:30 Music with GuitBasDuo (ML)	**11** 8:30 Folding (OT) 10:30 Remembrance Day Program Hydration 11:30 Morning Motions (ML) 2:00 BINGO (ML) 6:30 Karaoke with Kerry (ML) Veterans Day Remembrance Day (Canada)	**12** 8:30 Folding (OT) 10:30 Church (ML) Hydration 11:30 Exercises with Jenna (ML) 12:45 CAMS Visit 2:00 Boccia Ball (ML) 6:00 Card Games (ML)	**13** 8:30 Folding (OT) 10:00 Music Therapy (group) 10:30 A wing program 11:30 Morning Motions (ML) Hydration 2:00 Card Bingo (ML) 6:00P Social visits (1:1)	**14** 
15 10:30 Hymn Sing (ML) 11:30 Morning Motions (ML) 2:00 Nail Care (1:1) 5:45 Evening Wing Movies	**16** 8:30 Folding (OT) 10:30 Devotions (ML) 10:30 Activity Cart Hydration 11:30 Morning Motions (ML) 1:00 C wing Program 2:00 The Shorejammers (ML)	**17** 8:30 Folding (OT) 9:00 Hand Wax (OT) 10:00 Learn to Line Dance (OT) 11:15 SenSupport (1:1) Hydration 11:30 Morning Motions (ML) 1:00 E Wing Program 1:00 D Wing Program 2:00 Boccia Ball (ML) 6:30 Axe Throwing (ML)	**18** 8:30 Folding (OT) 10:30 Travelling OMNI 10:30 Kitchen party with Jamie (ML) Hydration 11:30 Morning Motions (ML) 2:00 BINGO (ML) 6:30 Making Holiday Cards	**19** 8:30 Folding (OT) 10:30 Church (ML) Hydration 11:30 Exercises with Jenna (ML) 1:00 E Wing Program 2:00 Travelogue- Getting to Know Guatemala (ML) 2:00 Capricci- Wing -Wing 6:00 Hand Therapy with Nicole (OT)	**20** 8:30 Folding (OT) 10:00 Music Therapy (group) 10:30 Word Puzzles (ML) Hydration 11:30 Snap, Tap & Clap with Kerry (ML) 2:00 CARD BINGO (ML) 6:00 Then & Now (ML)	**21** 10:30 Music with Connections Christian Fellowship (ML) 11:30 Morning Motions (ML) 2:00 Music with "The Prodigal Sons" (ML) 5:45 Evening Wing Movies
22 10:30 Hymn Sing (ML) 11:30 Morning Motions (ML) 2:00 Lexicon Social (ML) 5:45 Evening Wing Movies	**23** 8:30 Folding (OT) 10:30 Name That Tune (ML) 10:30 Adult Coloring (C) 10:30 Word Puzzles (B) Hydration 11:30 Morning Motions (ML) 6:00Karaoke with Kerry (ML)	**24** 8:30 Folding (OT) 9:00 Hand Wax (OT) 10:00 Learn to Line Dance (OT) 10:30 Social Visits (1:1) Hydration 11:30 Morning Motions (ML) 2:00 Bowling (ML) 6:00 Residents Choice 😊	**25** 8:30 Folding (OT) 10:30 Drum Fit (E) 11:30 Morning Motions (ML) Hydration 2:00 BINGO (ML) 6:30 Music with HHG (ML)	**26** 8:30 Folding (OT) 10:30 Church (ML) 10:30 Montessori (1:1) Hydration 11:30 Exercises with Jenna (ML) 1:00 D Wing Program 1:00 B Wing program 2:00 Travelogue- Checking Out Chile (ML) 6:00 Hand Therapy with Nicole (OT) Thanksgiving Day (U.S)	**27** 8:30 Folding (OT) 10:00 Music Therapy (1:1) 10:30 Spiritual Hour (ML) 10:30 Social Visits (1:1) Hydration 11:30 Morning Motions (ML) 11:30 Luncheon 6:00 Cranium Crunches' (ML)	**28** 10:30 Word Puzzles and Coffee (ML) 11:30 Morning Motions (ML) 2:00 Nail Care (OT) 5:45 Evening Wing Movies
29 10:30 Hymn Sing (ML) 2:00 Afternoon Sing Along (ML) 5:45 Evening Wing Movies	**30** 8:30 Folding (OT) Holiday Decorating 2:00 Birthday Party-Hosted By St. Augustine's 6:00 Evening Stretches (ML)					

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