


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy birthday to..... Danny M- 3 rd Lois Kn- 4 th Mary L- 8 th Gladys W- 9 th Marjorie C-10 th Margaret P - 13 th Margaret B- 19 th Eva H- 23 rd Sonny N- 25 th Ruby A- 26 th Ed Hebb- 28 th Doris W- 28 th Mabel R- 29 th Doris H- 30 th						
		10:30 Time to Read (D)	11:00 Musical Interlude with Eileen (ML)	10:30 Church (ML)	 REMEMBRANCE DAY <i>Let's Not Forget</i> Veterans Day Remembrance Day (Canada)	10:30 Morning News & Coffee
Daylight Saving Time Ends		1:30 Yoga & Meditation (OT) 2:00 Youtube Karaoke (ML) 6:30 Residents Choice	2:00 Bingo (ML) 6:30 Music with HHG (ML)	10:30 Meaningful Moments 2:00 Craft- Poppy Pins (OT)		2:00 Fancy Nails (OT)
	10:30 Montessori Activity 10:30 Puzzles & Games 2:00 Music with Ron & Friends	11:00 Concerts for Care 2:00 Travelling Cart 6:30 Card Nite (45's/crib) ML	10:30 Resident Council (OT) 10:30 Meaningful Moments 2:00 Bingo (ML)	10:30 Church (ML) 10:30 Meaningful Moments 2:00 Red Hatters (OT) 6:30 Evening Program (TBA)	10:00 Music Therapy 11:30 Luncheon 2:00 Music with David Rhind (ML)	(ML)= Main Lounge (OT) = OT room (OS)= Outside Programs are subject to change Outings are weather
10:30- Hymn Sing (ML) 2:00 Armchair Travels (ML)	10:30 Devotions (ML) 10:30 Montessori Activity 2:00 Music by Rewind (ML)	10:30 Knitting Group (ML) 2:00 Music with Sharon & The Round UP Gang (ML) 6:30 Residents Choice	10:30 Family Feud (ML) 10:30 Meaningful Moments 2:00 Bingo (ML)	10:30 Church (ML) 10:30 Meaningful Moments 2:00 Floor Hockey (ML) 6:30 Evening Program (TBA) <small>Thanksgiving Day (US)</small>	10:00 Music Therapy 10:30 Spiritual Hour 2:00 Afternoon Spa (OT)	10:30 Time to Read 2:00 Movie Matinee' (ML)
	10:30 Montessori Activity 10:30 Art (OT) 2:00 Birthday Party	10:30 Creative Movements (ML) 1:30 Yoga & Meditation (OT) 6:30 Card Bingo (ML)	10:30 Cranium Crunches (ML) 2:00 Bingo (ML)	<h1>November 2022</h1> <h2>Shoreham Recreation Calendar</h2>		