



SHOREHAM NEWS

Our Vision

A leader in excellence and innovation in Long Term Care.

Our Mission

To provide a high quality living experience for those who call Shoreham home.

Our Values

Integrity – Being honest, ethical, respectful, open and transparent.

Quality – Ensuring a high quality, safe and caring environment within our resources.

Teamwork – Embracing diversity and fostering innovation and creativity through teamwork, collaboration and partnerships.

Joy and Fun – Creating a comfortable, enjoyable environment where residents and their families are the focus and staff and volunteers are recognized and valued.

Issue 33 | September 2018

Message from the CEO

Continuing Care Month is celebrated each year in September. The theme, Continuing Care: Your Home, Our Passion, reflects the aim of continuing care services to help people to live well in the place they can call home. The campaign is also about profiling the advances being made in Nova Scotia's continuing care sector to improve quality of life and quality of care for the Nova Scotians who rely on these important services.



Continuing Care programs and services help people to maximize their independence, promote their health and well-being, sustain or enhance their quality of life, and support families to meet the ongoing care needs of their loved ones.

The goal of the annual campaign is also to recognize the contributions of the thousands of Nova Scotians who work in continuing care in a variety of practice settings across the province, such as nursing homes, home care organizations, residential care facilities and adult residential centres/regional rehabilitation centres.

For more than 40 years, the team at Shoreham has been supporting us in our pursuit of our vision which is to be a leader in excellence and innovation in Long Term Care. Our Mission is to provide a high quality living experience for those who call Shoreham home.

We take the opportunity to recognize staff for their continued commitment and compassion. We have undergone many changes as we strive to meet the changing needs of our residents and make improvements to assist us in attaining our mission. Thank you to our staff who continue to embrace any opportunity to improve the living experience of those who call Shoreham home.

Shoreham Village Auxiliary

Gerri Allen, Chair

Shoreham Village Foundation

Janet Creaser, Chair
Gregor Fraser,
Treasurer
Eric Christiansen
Nancy Murray
Susan Patillo
Lara Parsons
Sandra Matthews

Board of Directors

Shoreham Village
is governed by a
volunteer Board of
Directors.
Susan Neilson, Chair
Patsy Brown, Vice-
Chair
John Campbell
John Frizzle
Nancy Guest
Elizabeth Henheffer
Nancy Timbrell-Muckle
Joseph Green

Dining Room Project

Our next project on the agenda to complete is renovations to our main dining room. This project will include creating a servery at one end of the dining room, new flooring, paint and trim. As well, the kitchen will be enclosed to isolate the noise from the kitchen to the main dining room. The goal of this project is to create a more positive dining experience for our residents. This project will be supported through the proceeds of the Shoreham Village Foundation 2018 Golf Tournament. The project has gone out to tender and is slated to begin in the near future.

Flu Season is Here Again!

As the weather gets colder, we begin to see folks sneezing & coughing. This reminds us that influenza season is near.

We are preparing to immunize our residents and would like to remind all visitors to please consider getting their flu shots to help keep our residents safe. This is also a way to keep you and your own friends and family safe. If you do feel unwell, please consider delaying your visit. If you do come to visit, please make note of any signage which may indicate if there are areas of illness in the building.

Also as a reminder, please make sure you wash your hands before and after your visit, as well as frequently during your time at Shoreham. Soap and water is always best, however there are hand sanitizer dispensers throughout the facility.

Shoreham Village Art Grant

Here at Shoreham, we have a number of artistically talented people who offer their personal time and skills to our residents. This past spring and summer, thanks to the Municipality of Chester Recreation & Parks Department, we were very fortunate to be given a grant allowing one of these naturally skilled individuals to provide a specialized art program with our residents who live on C wing.

Art can be an activity that is very personal and purposeful. Our primary focus of the art program was to provide residents, whom live with an advanced Dementia, the equal opportunity to stimulate memory, reminisce and promote personal awareness and self-satisfaction. Not only do we feel this program achieved these goals, it also generated much participation from family, staff and volunteers providing a positive and encouraging atmosphere.

In collaboration with the Chester Recreation Department, Corinne Webber (our artistic facilitator) and our Shoreham Recreation team, we were able to provide a meaningful and engaging program that fostered resident's physical, cognitive and emotional wellbeing. Thank you very much to all who had a hand in making this such a successful grant.



Shoreham Village Ladies Auxiliary: Thank you!

The Shoreham Village Ladies Auxiliary was established in 1979 to help with the needs of Shoreham Village residents. For over 40 years, the Auxiliary has been raising funds and hosting activities to support the quality of life for residents.

Over the years, fundraising activities have included the Spring Restaurant Draw, luncheons, Fall Dinner (Pork Dinner, Spaghetti Supper) which evolved in to the very successful Dinner Theatre.

They have been successful at getting contributions from businesses for raffle items for gift baskets, Loonie Auctions and the Resident Treat Cart. All of the money raised from these events has helped to fund needed items for our residents, equipment needs and a number of special projects.

Over the years, The Shoreham Village Ladies Auxiliary has:

- Hosted annual Christmas parties which included an afternoon of music, family and friends and filled Christmas stockings for residents.
- Hosted special celebrations such as Birthday parties.
- Purchased an endless list of items such as a steam cleaner, lawn chairs, CD players, card tables, Christmas decorations, garden plants and supplies, resident specific special needs, gas fire pit, outdoor benches, sails/awnings for shading, summer hats, Bingo, kitchen and baking supplies.
- Provided funds to support Resident Outings and Resident Christmas Hair Cuts
- Spearheaded a Meals on Wheels Program from 1985 – 2002 in which meals were prepared by Shoreham Kitchen and the Auxiliary and with the help of volunteers delivered to Chester residents twice a week for a fee and the funds went back to help sustain the program.
- Held a boxed lunch fundraiser from 1997 to 2006. Lunches were made by the Auxiliary and lunches were delivered door to door to businesses and residents in Chester and the surrounding area.

Most recently, the Auxiliary help to re-establish the Shoreham Village Store and has supported us with our renovation projects and furniture purchases that were undertaken in the last year.

The Auxiliary has been critical to the success of Shoreham Village and after 40 years of tireless effort, the Auxiliary has decided to wind down. They will officially complete their duties following resident Birthdays in February 2019. They have undertaken careful planning to ensure there is funding support for many of the above activities to continue for a number of years. We have also been assured that many of the current Ladies Auxiliary members will continue to volunteer at Shoreham Village to support our residents.

The Ladies Auxiliary has been such an important part of our history and has played a crucial role in raising the communities awareness regarding the challenges faced by our residents and organizing the community to support our efforts.

We will miss you all dearly and will always remember your efforts and contributions to our Mission: To provide a high quality living experience for those who call Shoreham home. On behalf of our residents, our staff, Our Board of Directors and our community -THANK YOU!

CCA Study & Work Program

Northwood and Shoreham Village are partnering to offer this very unique opportunity to individuals who are interested in a career as a Continuing Care Assistant. We have extended the start date of this program to November 2018 as we still require more students for the program. If you have been thinking of a career change or interested in a rewarding career in healthcare, this opportunity is for you.

This program offers:

- In class instruction in the beautiful community of Chester
- Planned and coordinated placements to help you gain the hands on experience you will need for this role
- An opportunity to learn and earn
- An opportunity for employment once you have successfully completed the program
- Potential employment incentives
- A cost-effective way for you to obtain CCA Certification.

If you are interested in registering for this program or if you would like to find out more information, please contact Cindy Stevens at cindys@futureworx.ca or call 902-895-2122.

Continuing Care Assistant Study and Work Program

Classes held
LOCALLY in
Chester
NS

Are you a compassionate individual interested in providing personal care and support services in Homecare?

This program is of interest to those individuals who are looking for a rewarding career in the health care sector.

We invite applications from interested individuals who would like to provide services, specifically to clients in the Hubbards/St Margarets Bay area.

Program Entry Prerequisites:

- Grade 12, GED equivalent or if you are at least 21 years of age and have been out of school for at least one year you may be considered for admission as an adult learner
- Canada wide, clear, Criminal Record Check
- Valid Driver's License & access to reliable vehicle
- Meet Futureworx program entry requirements



48 Week Training Program

Training Starts: November 2018

Student Selection Starts: September 2018

For further information or to be put on the waitlist, please call Cindy Stevens at (902) 895-2122 or email: cindys@futureworx.ca

Partners:



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy birthday to... Sharon S- 6 th Dora C- 10 th Roland S- 10 th Gladys T- 11 th Marilyn S- 16 th Jimmy N- 17 th John C- 21 st Ivalo G- 27 th	1 10:30 Devotions 10:30 Montessori 11:15 Exercises 2:00 Bowling	2 10:00 Grade 8 Visit 2:00 Meaningful Moments 6:30 New Hope <i>Simchat Torah</i>	3 10:15 Music (DE) 2:00 BINGO 2:45 Travelling Cart 3:30 Hand Soaks (DE) 6:30 Hubbards Happy Gang	4 10:30 Church 10:30 Trivia (DE) 11:15 Exercises 2:30 Vintage Voices	5 10:00 Sensory 10:30 Craft Group 10:30 Brain Games (AB) 1:30 Don McNair 3:15 Arm Chair Travel (Main Lounge)	6 Clergy I Wissler- 4 th PBates- 11 th J Green- 18 th Parish St. Martins- 25 th
7 <i>Happy Thanksgiving</i> 	8 9:30 C wing Recreation Program 10:30 Main lounge Recreation Program <i>Columbus Day (US) Thanksgiving Day (Canada)</i>	9 10:00 Grade 8 Visit 2:00 Sharon Rhyno & Country Round-Up 6:30 Kentucky Blue	10 10:15 Music (AB) 2:00 BINGO 2:45 Travelling Cart 3:30 Ball Toss (DE) 6:30 Evening on C	11 10:30 Church 10:30 Reminiscing 11:15 Exercises 1:00 Church Outing (Western Shore) 2:30 Vintage Voices	12 10:30 Prayer Circle (A) 10:30 Scarf Fun (DE) 10:30 Craft Group 2:00 Board Games (Main Lounge) 3:30 Meaningful Moments	13
14 1:30 Halloween Hangman 3:00 Reminiscing 6:30 Ross & Friends	15 10:30 Devotions 10:30 Snoezelen 11:15 Exercises 1:30 Don McNair	16 10:00 Grade 8 Visit (Bunk) 2:00 Meaningful Moments 2:30 Resident Council 6:30pm Evening Sing Along	17 10:15 Music (DE) 10:45 Rolling dough(A) 2:00 BINGO 2:45 Travelling Cart	18 10:30 Church 10:30 Colour Therapy (DE) 11:15 Exercises 2:00 Agnes & Jim 3:30 Finish the phrase 6:30 Barn Owls	19 10:00 Sensory (C) 10:30 Craft Group 2:00 Bernard Sharpe 3:30 Meaningful Moments	20 10:30 C wing Social 1:30 What's in the Bag (Main Lounge) 3:00 Gospel Hour
21 Pastoral Care Week Thank you to each and every one who provides spiritual care to our residents. 	22 10:30 Devotions 10:30 Montessori 11:15 Exercises 2:00 Red Hats Social	23 10:00 Grade 8 Visit 2:00 Travelling Halloween Photo booth 6:30pm Country Blue	24 10:15 Music (DE) 2:00 BINGO 2:45 Travelling Cart 6:30 Belly Dancers	25 10:30 Church 10:30 Games (DE) 11:15 Exercises 2:30 Vintage Voices 3:30 Meaningful Moments 6:30 Coastline	26 10:30 Spiritual Hour (Main Lounge) 11:30 Luncheon Group 2:30 Lola & Friends 3:30 Meaningful Moments	27
28 Programs are subject to change Outings are weather permitting	29 10:30 Devotions 10:30 Snoezelen 11:15 Exercises 2:30 Birthday Party	30 10:00 Grade 8 Visit (Crafts) 2:00 Pumpkin Carving 6:00 Let's Go To the Movies Halloween Style	31 10:15 Trick or Treating 2:00 BINGO 2:45 Ghoulish Travelling Cart Halloween	<div>October 2018</div> <div>Shoreham Recreation Calendar</div>		