

# Shoreham VILLAGE

## NEWSLETTER

### OUR VISION

A leader in excellence and innovation in Long Term Care.

### OUR MISSION

To provide a high quality living experience for those who call Shoreham home.

### OUR VALUES

#### Integrity

Being honest, ethical, respectful, open and transparent.

#### Quality

Ensuring a high quality, safe and caring environment within our resources.

#### Teamwork

Working together efficiently, effectively and respectfully to achieve shared goals.

#### Joy and Fun

Creating a comfortable, enjoyable home where residents and their families are the focus and staff and volunteers are recognized and valued.



### Message from the Board Chair, Susan Neilson

In the June newsletter, I provided an update on the replacement of our home, as promised by the provincial government in 2013.

When Shoreham Village was built in 1975, it was state of the art. Now, more than 40 years later, our building does not meet current standards as identified by the Department of Health and Wellness. Major issues have developed, which compromise our ability to care for residents with the dignity and respect they deserve. We want and need to do better.

We have made every effort to maintain and upgrade our home. Improvements such as structural, plumbing, electrical and ventilation issues, which are not easily visible, but are needed to ensure the comfort and safety of our residents. We have also made small improvements to some of the common/shared living areas available to residents.

The Department of Health and Wellness has been very supportive in providing emergency funding for critical repairs.

However, we look forward to a time when our building and infrastructure are positive elements in our residents' quality of life, and a time when maintenance is scheduled and not overcome with emergency repairs.

In 2017, a review of Shoreham Village, and other homes identified for replacement, was commissioned by the government. Based on the results of the review and in consultation with the Department of Health and Wellness and the Department of Infrastructure, the Board recommends we pursue a complete renovation of our home instead of a replacement.

On November 26, I met with staff and the Shoreham Village Family Council to get feedback on the June newsletter article and the challenges that are posed by our building.

Staff shared the reaction new residents and families have when they first arrive in our building. Our exterior and entry ways do not give a good impression on residents and families who may be experiencing many difficult decisions. Staff also hear concerns about mold in the building and worry about the air quality in the building. These issues are related specifically to our main entrance area and our new challenge with the emergency exit on E Wing. Staff also expressed concerns about the limited space in resident rooms for use of safety equipment.

**Continued on inside page . . .**

## BOARD OF DIRECTORS

*Shoreham Village is governed by a volunteer Board of Directors.*

Susan Neilson, Chair  
Patsy Brown, Vice-Chair  
Nancy Timbrell-Muckle  
Elizabeth Finney  
John Frizzle  
Alice Leverman  
Joseph Green

## SHOREHAM VILLAGE AUXILIARY

Gerri Allen, Chair

## SHOREHAM VILLAGE FOUNDATION

Janet Creaser, Chair  
Gregor Fraser, Treasurer  
Nancy Murray  
Susan Patillo  
Lara Parsons  
Sandra Matthews  
Deborah Housser  
Lynn Cochrane

## FLU SEASON REMINDER



Influenza season is here. We have provided immunizations to our residents and remind visitors to please consider getting their flu shots to help keep our residents safe. This is also a way to keep you and your own friends and family safe. If you do feel unwell, please consider delaying your visit. If you do come to visit, please make note of any signage which may indicate if there are areas of illness in the building.

Also as a reminder, please make sure you wash your hands frequently while visiting as well as before and after your visit.

## Board Message continued . . .

The Family Council members communicated that they really enjoy the setting and the location of Shoreham Village as it is very convenient. However, they expressed concerns around the exterior of the facility and the fact that we consistently have leaks throughout the building. There are wheelchair accessibility issues that need to be addressed such as the height of windows and the doors separating the units. When they are closed they create safety issues and place limitations on ease of access to the full building. The limited number of tub rooms and availability of single rooms are priority items for families. Family Council asked me "How long government will let the building go before they do something about it?"

The Board and the entire Shoreham team are committed to creating living spaces that support the level of care we strive to provide to our residents. We will continue to advocate on behalf of our residents for action on this project and will provide regular updates on our progress.

If you have any comments or questions, I am pleased to respond. My email address is: [lloydslanding@gmail.com](mailto:lloydslanding@gmail.com).

Thank you for your interest and continuing support,

Susan D Neilson, Chair  
Shoreham Village  
Seniors Citizens Association Board of Directors

## Introducing Our New Logo!



We are pleased to share with you our new and simplified logo. The waves along with the blue were chosen because they both represent the seaside nature of the town of Chester. If you stare at the waves you will notice there is a hand clasping another hand that gives a sense of caring/community that is so important to Shoreham Village. In addition, a new tagline has been chosen: **Be at Home.** We hope you like our new look!

BE AT HOME



## Holiday Meal Information

### Meals with Residents

Christmas is quickly approaching and we encourage families to visit. The Food & Nutrition Department will again be offering Christmas Day Dinner and New Year's Day Dinner to resident's families. We are able to accommodate two family members per resident up to a maximum of 20 people per meal.

If you would like to attend, please contact the Business Office to purchase a ticket for \$10.00 before December 14, 2018.

### Allergies & Modified Diets

This is a reminder that we have staff with severe shellfish allergies. If you would like to bring in shellfish for your loved one please speak with Melissa Houghton, Manager of Nutrition Services at extension 229.

Shellfish must be stored and/or eaten in the OT room and we would ask that you stay with your loved one while they are enjoying their treat.

If you are storing food items in the OT room or in the fridge on the wing where you loved one lives, please ensure the food is stored in a tightly seal container with a label indicating the residents name, the food item and the date the food item was prepared.

If you are bringing in treats, management requests you share them with your loved one only as there are many residents who have specialized, modified diets and/or food allergies.



## Family Council Meeting Overview

### The last meeting was held November 26, 2018

The Chair of Shoreham Village Board of Directors was very pleased to have the opportunity to hear from families regarding the challenges with our building and the impact that this has on the quality of life of their loved ones. At the meeting, the biggest concern expressed by family members in attendance was in relation to the change in practice that we implemented regarding door closures.

Our resident population is constantly changing. Individuals are being supported to remain at home as long as possible. As a result, individuals entering long term care may have complex needs. We attempt to use all of the tools we have available to us to promote safety of all residents.

The closure of the doors was implemented as a result of a safety issue. The closure of the doors did improve our ability to manage that particular issue. We understand however that we have created potential safety issues with not being able to see through the door and possibly injuring someone on the other side of the doors, have reduced accessibility of the building for those who may struggle with opening the door, inconveniences, additional noise with the door opening and traffic diversion as individuals might make their way in to another residents room who lives close to the newly closed door.

Because of the limited options that we have, door closure is an option that we may need to use based on resident needs but we have committed to:

- only use this as a strategy when absolutely necessary
- explore increasing the size of the windows so you can see if anyone is on the other side of the door
- explore options to improve ease of opening of the door
- explore the use of an automatic egress with sensors to prevent opening when someone is behind the doors.
- explore privacy looks for those who are eligible

A meeting will be held with Family Council in a couple of weeks to discuss progress in this area.



## THANK YOU! Community Wheels

This past summer, Shoreham received an email from Chester Community Wheels extending an invitation for the use of their services for a resident trip. Our Recreation Department was very excited to have this opportunity.



After much thought and conversation, we decided that we would use this wonderful opportunity to have an Autumn resident outing to Peggy's Cove. Rain or shine, we would be able to see this beautiful historic site and make some awesome memories; and that's just what we did.

We had a fantastic driver pick us up on a Friday morning and take us for a scenic drive along the Peggy's Cove lighthouse route. We were able to see the beauty of the water and the changing of the Autumn leaves along the way. Shoreham residents then dined at the awesome Sou' Wester restaurant and enjoy the view of the waves crashing against the rocks.

We would like to extend a very big Thank You to Community Wheels and all who was involved to make this day memorable. Our residents are very grateful this opportunity came our way!

## Construction Update

### Dining Room Project Update:

Phase I of the project is scheduled to be completed by Dec. 7. Phase II, which is isolating the kitchen from the dining room, will begin Monday, Dec. 10 and is scheduled to be completed on Dec. 20. We previously communicated that during Phase II residents would eat in the Dining Room. However, due to safety concerns with dietary staff not having easy access to the dining room and no way to monitor residents from the kitchen that are in the dining room, residents will not return to the dining room until Phase II is completed.



**Kitchen Flooring:** The Department of Health and Wellness has approved funding for this project. This project will be completed in January. During this project the dining room will be closed for a period of 2 weeks to allow time for all the equipment to be removed from the kitchen. Once the schedule has been developed for the project more information will be communicated to residents and a notice placed on the family bulletin board in the main lounge.

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday											
<div><h1>December 2018</h1><h2>Shoreham Recreation Calendar</h2></div>												Clergy Rev I Wissler- 6 <sup>th</sup> Clergy Christmas- 13 <sup>th</sup> Rev J Green- 20 <sup>th</sup> Pat Bates- 27 <sup>th</sup>											
2		10:30 Devotions 11:15 Exercises  2:00 Main Lounge Christmas Decorating		3		10:00 Grade 8 visit (Bunk) 2:00 Lawton's Christmas Sale 2:00 Christmas Craft sale 6:30 December Birthday Party (New Hope)		4		10:15 Lets make Gingerbread Houses 2:00 Bingo 2:45 Travelling Cart  6:30 Hubbards Gang		5		10:30 Communion 11:15 Exercises  12:00-2:00 Seniors Christmas (Legion) 2:00 Christmas with Agnes & Jim		6		10:00 Sensory 10:00 Garland Making and Hot Chocolate  2:30 Salvation Army		7		8	
9		10:30 Devotions 11:15 Exercises  2:00 South Shore Ukulele Players		10		10:00 Grade 8 visit  2:00 Christmas Tree Decorating  6:30 Kentucky Blue		11		10:15 Grade 2 CDS  2:00 Bingo 2:45 Travelling Cart  6:30 Christmas Caroling		12		10:15 Christmas Cookie Baking 11:15 Exercises  2:00 Clergy Christmas Service		13		10:15 Chester Resource Center  2:00 Doug Joudrey (Main Lounge)		14		15	
1:30 Holiday Treats 3:30 Christmas Stories  6:30 Ross & Friends		10:30 Devotions 11:15 Exercises  2:00 Wine & Cheese Gala (Main Lounge)		17		10:00 Grade 8 Visit  2:30 Resident Council  5:00 Christmas Light Outing		18		10:00 Art Group 10:30 Cookie Decorating  2:00 Bingo 2:45 Travelling Cart		19		10:30 Church 11:15 Exercises  2:30 En Pointe Performers  6:30 Barn Owls		20		10:00 Sensory (C) 10:30 Christmas Beauty Corner (OT Room)  2:00 Christmas Afternoon Tea (open to all fam, vol, res, staff) <i>Winter Begins</i>		21		22	
23		Visit from Santa & Mrs Claus 10:30 Devotions 1:30 Christmas Matinee & Treat <i>Christmas Eve</i>		24		 <i>Christmas Day</i>		25		 <i>Boxing Day</i> <i>Kwanzaa Begins</i>		26		10:30 Church 11:15 Exercises  2:30 Celebrating Winter Solstice (Main lounge)		27		10:30 Pancake Brunch  2:00 Board Games (Main Lounge)		28		29	
30		10:00 Devotions 11:15 Exercises  2:00 New Year's Eve Party <i>New Year's Eve</i>		31				<div><i>Happy Birthday to...</i> Donald B- 7<sup>th</sup> Mildred M- 7<sup>th</sup> Joan A- 9<sup>th</sup> Shirley G- 9<sup>th</sup> Lorraine H- 20<sup>th</sup> Phyllis P- 21<sup>st</sup> David T- 24<sup>th</sup> Patten L- 25<sup>th</sup> Susan B- 26<sup>th</sup> Ruth R- 27<sup>th</sup></div>															