



Dear Volunteers,

We hope all of you are keeping well during this stressful time. The world and local news are full of information around COVID-19 but we want to take a moment to reach out to you to discuss some of the things Shoreham is doing to keep our residents and staff, safe and healthy.

In following Nova Scotia's Public Health and Department of Health and Wellness guidelines, as you already know, we have had to stop having family and visitors into our nursing home. All staff and contractors are also screened before they enter the facility, including a temperature check. Our staff has been working tirelessly to do the work needed to mitigate the extent of this outbreak. One of these changes in process is that our doctor is working remotely, and any in-person site visits required will be completed by the Doctor or Nurse Practitioner during this pandemic, to limit potential outside exposures to residents, and staff.

COVID-19 is a viral illness that spreads like the flu and is hard to contain, despite everyone's best efforts. Shoreham has created a special, separate COVID-19 treatment area. All COVID-19 patients will be moved to this area for monitoring and treatment. All of our care staff are issued the appropriate Personal Protective Equipment to keep them safe. All will be given a mask for their safety as well.

These are very unique and difficult times. We have also offered some programs to help with depression and the morale of staff and residents. For roughly three weeks we have been running our "HiShoreham" Facebook campaign. People can send in video messages to the residents. We also have a video call program for residents to talk to their families. This pandemic has also been very difficult for our staff. These are just a couple of examples of programs offered during this difficult time.

Currently, there are no cases of COVID-19 in the Shoreham facility. Take care and keep sending positive thoughts our way. We are all working hard!