



Dear Family Member,

We are so excited to announce that Shoreham will be contacting families and scheduling outdoor visiting beginning next week. We know how much you have missed your loved ones and they have missed you! These outside scheduled visits are set up under direction from Department of Health and Wellness and Public Health regulations.

Before we begin calling and scheduling families, we want to include you in our plans and make you aware of how these visits will look.

Only two visitors allowed per resident.

You may notice a number of possible changes with your loved one, as you have not seen them in person for several months. Some of these changes may include:

- Weight loss
- Increased frailty
- Cognitive decline
- Sadness from isolation

We will be opening up visits in our Lions Park Gazebo in front of the building and will begin with a 30 minute family visit. We are aiming for 4 family visits for the first day, with an increase going forward. These visits will be scheduled 5 days per week to accommodate an initial visit for our 89 residents. Please note, you will not have access to washroom facilities.

It is critical that you be on time for your visits. Being late will shorten your visit and may impact the next family's time. The Scheduler will contact you if, for any reason, we have to postpone your visit. Please contact the Scheduler if you are not able to make your visit.



Let us walk you through the guidelines for these visits:

- Our Scheduler will call to give you an appointment time and date.
- On that scheduled date, you will come to Shoreham. Designated marked parking for scheduled family visits are marked and located in visitor parking, adjacent to the gazebo.
- Please do not bring anything with you for the resident.
- In order to practice social distancing, please wait in your car until close to your scheduled visiting time.
- Make your way to the "Scheduled Family Area", which is located by the Lions Park gazebo, maintaining social distancing. Please follow the markings.
- You will be met by a screener, who will ask you a series of questions similar to the ones attached to this letter. Your temperature will be taken, and then you will be asked to use hand sanitizer for your hands and also to clean your phone. We also ask that you bring a mask for your visit.
- A staff member will make sure you have your mask appropriately placed. They will then accompany you to the visitation area where you will meet with your love one. We are sorry to say that you will not be able to touch as per Department of Health guidelines.
- Your visit will last 30 minutes.
- Staff will accompany your loved one back to their floor. You will be accompanied to an area to disinfect your hands. You will then exit the area.

Should you become ill within two weeks following your visit to a Long Term Care home, you must contact 811 for screening and testing. Should you test positive for COVID-19, you must inform Public Health during their investigation with you that you have visited a LTC facility. We know there are many questions regarding the restrictions of these visits. Please know that we are doing the best we can, while following the government guidelines and the large amount of residents in our facility.

Niki Rodenhizer
Manager of Recreation & Volunteer Services
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Resident: _____

Date: _____

Scheduled Visit Time: _____

Visitor: _____

Arrival Time: _____

1. Do you have any of the following symptoms?	Yes	No
Fever (or chills or sweats)	Yes	No
New or worsening of a previous cough	Yes	No
Sore throat	Yes	No
Headache	Yes	No
Shortness of breath	Yes	No
Muscle aches	Yes	No
New or worsening sneezing	Yes	No
New or worsening nasal congestion or runny nose	Yes	No
Hoarse voice	Yes	No
Diarrhea	Yes	No
Unusual fatigue	Yes	No
Loss of sense of smell or taste	Yes	No
Red, purple, or blueish lesions (spots) on the feet, toes, or fingers without clear cause?	Yes	No
2. In the last 14 days, have you or someone in your household travelled outside Nova Scotia?	Yes	No
3. In the last 14 days, have you or someone in your household had close contact (i.e., within 2 metres / 6 feet) with someone confirmed to have COVID-19 infection?	Yes	No
4. Are you or anyone in your household awaiting results from a COVID-19 test?	Yes	No