

Shoreham

VILLAGE

NEWSLETTER

Issue 45
September 2022



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Message from Janet Simm, CEO of Shoreham Village



Janet Simm
CEO of Shoreham Village

As 2022 continues, there is an eagerness to return life to normal. As we all look back over the last three years, it's amazing to me how far we have come as an organization, community, and province. However, the impacts of COVID -19 are far-reaching. The Health Care system, in particular, continues to struggle with some lasting effects. Rebuilding our workforce is a key priority for us.

October is Continuing Care Month. This is an opportunity to thank every member of our team for their contribution. We also take this opportunity to recognize our long-service employees who continue to choose Shoreham. The support for our residents through good times and challenging times and the teamwork that we see every single day to make this happen is what differentiates Shoreham Village. The dedication, compassion, and bravery of all the Shoreham family and our community has truly been inspiring.

FAMILY & RESIDENT COUNCIL

The team at Shoreham Village is very interested in receiving feedback from residents and families. We have a very active Resident Council, with meetings held monthly, and we are delighted with the discussions that take place. Minutes are posted on the resident council board in the main hall. Meetings are scheduled on our monthly Recreation calendars.

We invite all families and loved ones to participate in our Family Councils as they are held. Meetings are typically held quarterly, and we have recently provided a virtual option for families to attend. Meeting dates and agendas are posted by the main entrance and emailed to families as meetings are scheduled. We are

engaging families in our planning and getting feedback regarding new initiatives.



FLU SEASON WILL SOON BE HERE

As the weather gets colder, we begin to see folks sneezing & coughing. This reminds us that influenza season is near. We want to remind all visitors to please consider getting their flu shots to help keep our residents safe. This is also a way to keep you and your friends and family safe. If you do feel unwell, you must delay your visit until you are symptom free. When you do visit a loved one, please remember to wash your hands before and after your visit, as well as frequently during your time at Shoreham. Soap and water is always best, however, there are hand sanitizer dispensers throughout the facility.

Please note that due to the COVID-19 pandemic, Shoreham is following all provincial guidelines to ensure the health and safety of our residents. If you feel unwell or have any symptoms, do not visit Shoreham but stay home and complete a COVID-19 Self-assessment on 811.ca.



THE LITTLE VILLAGE THAT COULD

This article provides a little insight for new residents who have moved to the community of Chester and Shoreham Village.

In 1975, a group of folks recognized the need for resident seniors and persons requiring special care; thus, Shoreham Village became our home. It started as a care centre and gradually evolved into the village it is today. It took a lot of dedicated workers to keep it operating. Today Shoreham employs approximately 150 professionals who keep the village running. So you can see we play a role in the economy of our greater village.

The leadership team is as follows: Our CEO and Director of Care that oversee the overall operations of our home. The day to day operations by our Nurse Managers, Support Managers, Dietary and Recreation managers, all of whom support residents and staff in their everyday roles and activities.

We have dining and a modern kitchen overseen by a professional Dietician and a wonderful kitchen team; providing us with plenty of nutritious food. We also have a

Recreation department that keeps us quite active with lots of entertainment and fun programming. We have an OT and PTA care department that keep us safely moving. Our environmental team runs quite the system and ensures all hygiene and cleanliness needs are met with both our laundry and cleaning of our home. The maintenance team makes sure all is running smoothly. Then there is the CCA and related care staff. I keep this group until last for a special reason. As a resident, I can appreciate the work these professionals carry out each day because, really, they are the ones that keep the home running by caring so much for the residents here.

Shoreham Village is more than a health facility. We have our neighbours, our Health Centre, retirement/independent living, and two beautiful apartments.

In closing, I am proud to say that I reside in the little village that could, to the greater village that DID.

Charles N. Teal

LONG SERVICE AWARD RECIPIENTS



Wendy Davidson
Ronald Meisner
Brenda Zinck
Francis Agra



Karen Doucet
Michell Joudrey-Mingo



Sherry Corkum



Melissa Connors
Lori Evans
Juanita Chafe
Esther Buckle



Anita Wilwand



Tina Russell
Suzette Boylan



Patricia Collicutt



CHANGING OF THE SEASONS

As our seasons begin to change with an eye on cooler weather approaching, we ask that families have a peek at our residents' clothing and closets to determine what they no longer need, or what they may need for the seasons to come. As the storage space is limited, we ask that items not being used be taken home if possible. If you need assistance determining what may be needed, please approach the supervisor and care staff on the wing.



PAINTED LADY BUTTERFLIES

Shoreham residents tried a new program this year and took great pride in raising Painted Lady Butterflies. Beginning from their caterpillar form, shifting to their chrysalis stage and developing into a beautiful painted lady. We are happy to say that we successfully raised these beauties and released them into the wild as a group once they were ready to fly on their own. It was fascinating to witness such a beautiful process of life. Butterflies symbolize healing, change and growth and inspire wonder and delight.



CELEBRATING 70 YEARS OF MARRIAGE

Let us introduce Charles and Margaret (Peggy) Teal. This beautiful couple celebrated their 70th Wedding Anniversary together. We are in awe of the love and care they have for one another every day.



NEW NURSE PRACTITIONER



I would like to take a moment to introduce myself. My name is Daniel Deveau, and I am the new nurse practitioner joining the team. My role will include a combination of working at Shoreham and across the various Northwood long-term care sites. I was born in Canada but spent most of my life in the U.S. I lived in Texas and Maine and still visit

frequently to see family. I recently finished my Master of Nursing-Nurse Practitioner at Dalhousie and am very excited about starting my new role. My previous nursing experience mostly involved working as an RN on a general surgery unit. It has always been my goal to work in long-term care, and I am excited to finally get the opportunity to do that with Shoreham & Northwood! As I am a new nurse practitioner and new to long-term care, I invite your feedback on how I can best contribute to helping the residents. Outside of work, I have recently become a parent and have a 6-month-old son, Ethan. Between starting a family and my new career, it has been an exciting summer and I look forward to seeing what is next.

PROJECT UPDATES



Resident Room Project – We are happy to say this project has been completed except for a few deficiencies and the installation of corner guards in the residents' rooms. Thank you to all the staff for packing, unpacking and moving residents. Thank you to residents and families for their patience.

Waste Pipe Project – This project was completed on August 15, 2022. This project included cleaning, inspection, and relining of waste pipes throughout the facility.

Sprinkler Head Replacement – The contractor is tentatively booked to begin this project in mid-October. The scope of work is to replace sprinkler heads throughout the facility. When sprinkler heads are being replaced in resident rooms, we will coordinate with recreation staff to entertain residents during these periods of time.

Ceiling Lifts – Funding has been received to install three new ceiling lift tracks and motors. This project will be scheduled to be completed within the next couple of months.

Commercial Mixers – Two new stand mixers were purchased and installed in the kitchen on the second week of August.

Funding for these projects was received from the Department of Seniors and Long Term Care.

Heat Pump Main Lounge – Installation of a new heat pump was completed on August 25th. Thank you to the Shoreham Village Foundation for funding.

New policy for labelling and minor repairs of resident clothing – As part of this policy, we are implementing a form to be completed by family and/or staff when new clothing is to be labeled or item(s) require repair. Family or next of kin will receive a copy of the completed form and be notified once item(s) have been returned to the resident.

And the results are in: Long-Term Care Resident and Family Survey Follow Up

We want to thank the Shoreham residents and family members who completed the Resident and Family Surveys in May/June 2022. The results have been shared and posted in various areas – via email for families, on-site communication boards, and the Shoreham Hub for staff.

Although the results of both surveys were positive overall, there is always room for improvement. Shoreham's Leadership Team has identified key areas for improvement in an action plan. All action items are in progress. The action plan has also been posted to the Shoreham Hub, sent via email, and posted to the Communication Boards.

Here is a summary of the results. Full results as mentioned can be found on the communication boards and the Shoreham Hub for staff.

Shoreham 2022 Resident Survey Results:
N size: 29

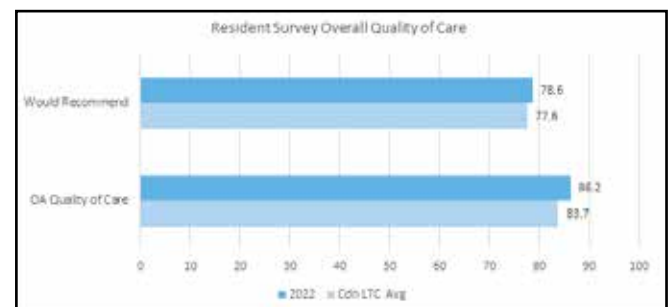
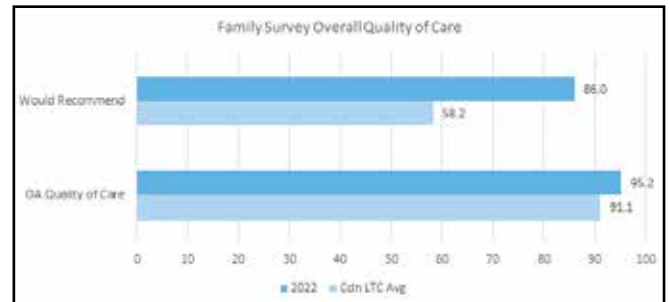
Overall quality of care was 86.2%. This places Shoreham higher than the Cdn. LTC. Avg. of (83.7%). It also exceeds the internal benchmark of $\geq 85\%$.

The likelihood of recommending Shoreham was 78.6%. This places Shoreham higher than the Cdn. LTC. Avg. (77.6%) and below our internal benchmark of $\geq 85\%$.

Shoreham 2022 Family Survey Results:
N size: 43

Overall quality of care was 95.2%. This overall quality of care percentage places Shoreham above the Cdn. LTC. Avg. (91.1%). It also exceeds the internal benchmark of $\geq 85\%$.

The likelihood of recommending Shoreham is 90.1%. This places Shoreham significantly higher than the Cdn. LTC. Avg. (58.2%) and higher than the internal benchmark of $\geq 85\%$.



FALL ACTIVITY SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>September 2022</h2> <h3>Shoreham Recreation Calendar</h3>						
				10:30 Church (ML) 10:30 Meaningful Moments 2:00 Bus Outing 6:30 Residents Choice	1 10:00 Music Therapy 11:30 Luncheon (Burgers & fries, sign up in ML) 2:00 Bowling	2 Clergy: Rev. I Wissler- 1 st J Cavanagh- 8 th Rev. C Webb- 15 th Rev C. Webb- 22 nd Rev S Ago- 29 th
4	 <i>Happy Labour Day</i> <small>LABOUR DAY</small>	10:30 Creative Movements (ML) 2:00 In Honour Of Labour Day – Would You Rather 6:30 Music with GuitBass Duo (ML)	6 10:30 Cranium Crunches (ML) 2:00 Bingo (ML) 2:00 Meaningful Moments	7 10:30 Church (ML) 10:30 Meaningful Moments 2:00 Bus Outing	8 10:00 Music Therapy 11:30 Luncheon (Fish & Chips, sign up in ML) 2:00 Music with David (ML)	9 (ML)= Main Lounge (OT) = OT room (OS)= Outside Programs are subject to change Outings are weather permitting
10:30 Celebrating Grand Parents Day (Activity Connection) 2:00 Brass Band <small>Grandparents Day</small>	11 10:30 Creative Movements (ML) 10:30 Montessori Activity 2:00 Music with Ron & Friends (ML)	12 11:00 Yoga & Meditation (OT) 2:00 Resident Council (OT) 6:30 Music with Kentucky Blue (ML)	13 10:30 Would You Rather (ML) 2:00 Bingo (ML) 2:00 Meaningful Moments 6:30 Music with HHG (ML)	14 10:30 Church (ML) 10:30 Meaningful Moments 2:00 Red Hatters (OT) 6:30 Music with the Barn Owls	15 10:00 Music Therapy Oktoberfest Celebration	16 10:30 TBA 2:00 Montessori <small>Oktoberfest Begins</small>
 10:30 Arm Chair Travel gg122866964 GeoGraph.com 2:00 Afternoon Strolls <small>High Magnanum Begins</small>	10:30 Devotions (ML) 10:30 Montessori Activity 2:00 Music with Rewind (ML)	19 11:00 Concerts for Care 2:00 Music with Sharon & The Round UP Gang (ML)	20 10:30 Word Scramble (ML) 2:00 Bingo (ML) 2:00 Meaningful Moments	21 10:30 Church (ML) 10:30 Meaningful Moments 2:00 Scenic Drive 6:00 Card Nite (ML) <small>Autumn Begins</small>	22 10:00 Music Therapy 10:30 Luncheon (Pizza, sign up in ML) 2:00 Card bingo (ML)	23  24
	10:30 Montessori Activity 6:30 September Birthday Party (ML)	26 11:00 Yoga & Meditation (OT) 2:00 Art Project (OT) 2:00 Meaningful Moments	27 10:30 Board Games & Jig Saw Puzzles (ML) 2:00 Bingo (ML) 2:00 Meaningful Moments 7:00 Studio Singers	28 10:30 Church (ML) 10:30 Meaningful Moments 2:00 Bus Outing- Scarecrow Festival 6:30 Music with Coastline (ML)	29 10:00 Music Therapy 10:30 Spiritual Hour with Pat & Whit (ML) 2:00 Afternoon Matinee (Blended- Family movie)	30 

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