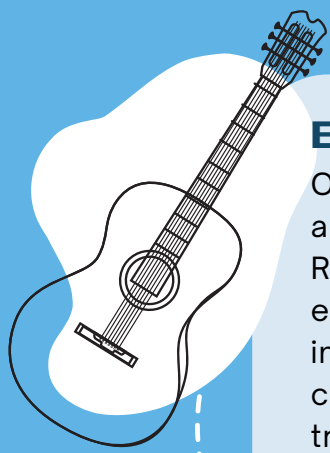


Do you want to be a volunteer?

We are always encouraging new volunteers to join our Shoreham Village Volunteer Team. There are a number of different opportunities at our home for volunteers to join and make a difference in the lives of our residents. Please contact Niki Rodenhizer for further details at your convenience. Below are just a few of the different choice programs offered here at Shoreham Village.

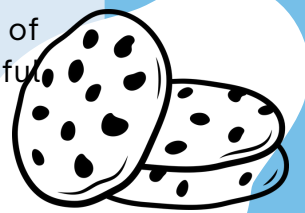


Evening Programs- Recreation Assistant

Our Recreation team are currently seeking volunteers that would have an interest in assisting with our evening music programs. Volunteers and Recreation staff assist residents to and from the programs as well as engage with residents during the program. This is a wonderful way to be involved with residents on a weekly basis. We would ask for a minimum commitment of 1-2 hours a week. We would provide any additional training or supports to ensure a successful experience for both you and our residents.

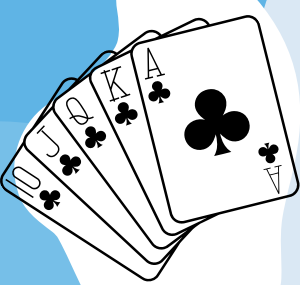
Baking

Do you have a love for baking? Many of our residents do and love to be in the kitchen. We would love to have you share your talents. We are seeking volunteers that would like to assist recreation staff during our baking programs. Baking is generally a small group program, with 4-6 residents taking part. It is a wonderful social program as well. We ask of a commitment of 1-2 hours, once or twice a month to provide meaningful programming for our residents.



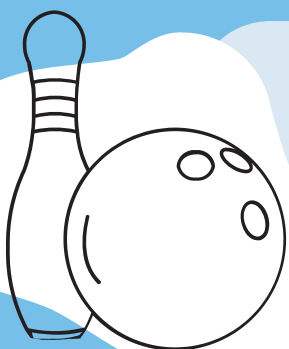
Cards

Shoreham has many residents that love to play cards. Generally, the game of choice is Auction 45's, though we do have a few bridge and crib players too. We are looking for volunteers that have an interest in assisting our recreation team with our Card program. You may play on a team or maybe you would enjoy playing with residents 1:1 at times. Afternoon or evenings are usually when our card programs run. We ask of a commitment of 1-2 hours, once or twice a month.



Socials

Assist Recreation staff with holiday parties, tea socials and any other special events. Time frame is 1-2 hours in the afternoon or early evenings. This is a great way to become involved and help weekly or monthly.



Recreational Activities Volunteer

Curling, Boccia Ball, Cards, bowling, and many other activities, are more fun with more help. Each month the recreation staff schedules a range of weekly activities. Volunteers are called monthly to provide support.

Friendly Visitors (1:1)

You would be matched with 2-3 residents whom you can visit with when the time is right for you. It takes a minimum commitment of one hour each week and some planning for your visit. This program provides positive social connections to residents. This may be just good friendly conversation, 1:1 activity (ex: checkers) or reading to someone who enjoys a good book. Support from our Recreation team will be provided.



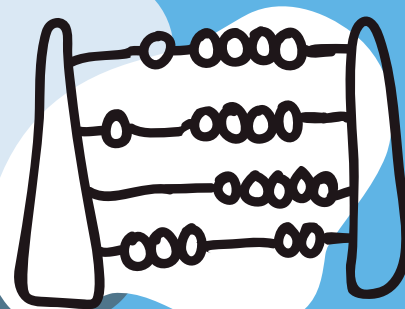
Luncheons

1-2 times per month, our recreation team assists in providing a luncheon for residents. The meal may be different each time; homemade pizzas, pancake breakfast or fish and chips. We are looking for one or two individuals interested in helping prepare and set up for this awesome meal. Residents look forward to this very much and generally becomes quite the social event. We ask for minimum commitment of 1-2 hours, once or twice a month. **Please feel free to contact Niki Rodenhizer, Manager of Recreation & Volunteer Services for more information.**



Montessori

Volunteers engage with residents one-to-one and use simple principles and tools to engage the skills and strengths residents still have. Recreation support will be provided



Hand Wax Therapy

Hot wax baths are the best way to relieve pain and stiffness in sore hands. Volunteers provide treatments to residents throughout the week - mornings and afternoons. The time commitment is 1-2 hours a week and the time frames are flexible.



Hand Soaks and Manicures

Done in groups with a social atmosphere or one-to-one, hand care offers touch and smell that both soothe and relax. The time commitment is approximately 1-2 hours, once a week, mornings or afternoons.



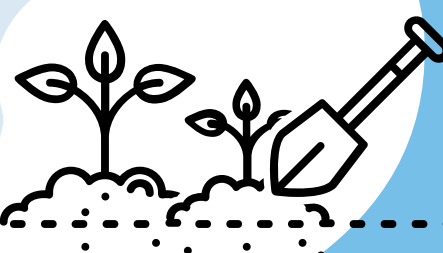
Dining Room Assistants

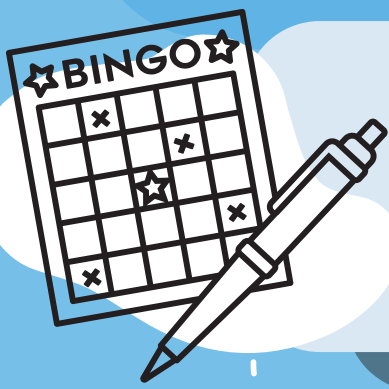
Meal time is an especially busy time. The Dining Room Assistant helps residents with small tasks at their tables, provide help with serving drinks, and help assist residents to and from the dining room. This program runs seven days a week. Breakfast, lunch or supper; all help is appreciated.



Gardening

Assist residents in caring for the wheelchair garden. If you are a gardener, you know this means from spring to fall. It is a great way to help. We can find a spot just right for you.



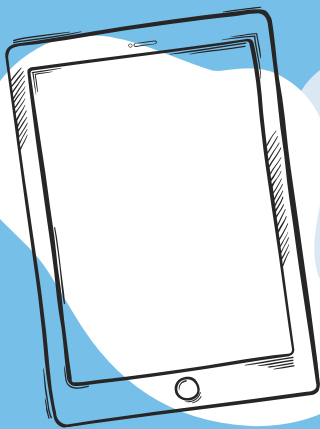
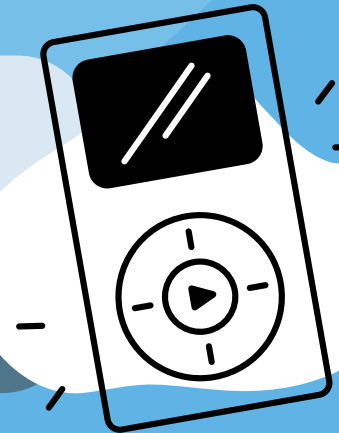


BINGO

BINGO is a weekly favourite and a highlight for many – especially the volunteers! If you want to help and would like to be part of a fun group, this might be right for you. It's every Wednesday from 2:00 – 3:00.

Music and Memory program

Set up the resident to listen to their individualized iPod shuffle. Help to put music in iTunes. Allow an hour a week to help with this program

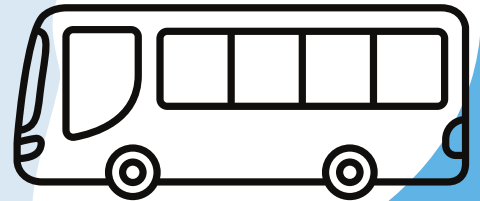


Cyber Seniors iPad program-

Assist residents 1-1 in working on an iPad. Volunteer commitment is flexible in working with resident availability too.

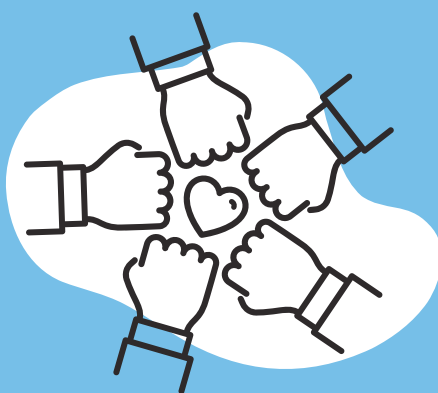
Bus drives

Assist the recreation staff in taking residents out for a drive and ice cream. Commitment is two hours' weekly



Walking program and 1:1 outside on the deck

Volunteer Commitment is 1-2 hours', program depending. During the warm weather, we aim to have most of our programs outside. This could be a weekly or monthly commitment.



Please note: This is a partial list of the roles volunteers play at Shoreham Village. More positions may be available and not all positions are available at all times.