



Shoreham

VILLAGE

NEWSLETTER

Issue 50
March 2024



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COMMUNITY CONSULTATION SESSION • 2024

March 21, 2024 at 6:30pm • Chester United Baptist Church

This session will discuss the new
Shoreham Village Long-Term Care Facility

Please RSVP to Tammy Conrad at 902-275-5631 ext. 8221 or
email at t.conrad@shorehamvillage.com



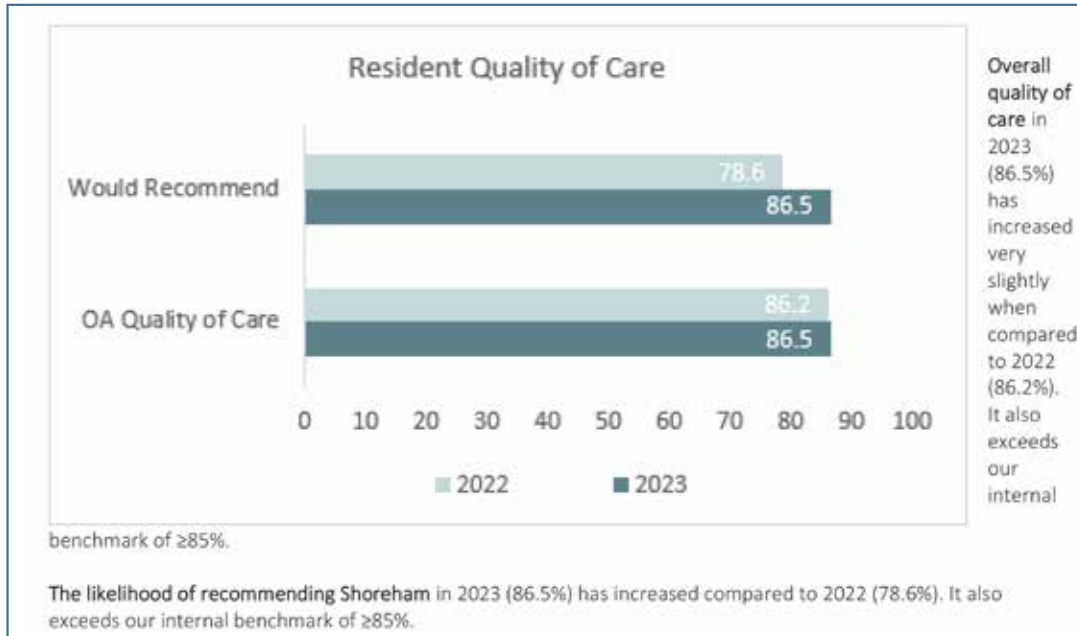
WARM WELCOME TO EMILY JOHNSTON-SMITH

For those who do not know me, my name is Emily Johnston-Smith; I am one of the new nurse managers at Shoreham Village. I have worked in long-term care for over eight years and, six of those years have been at Shoreham. During this time, I have discovered my love and passion for long-term care. I am very excited to have started in this new position and hope to make a difference in the lives of the residents who call Shoreham Village home.

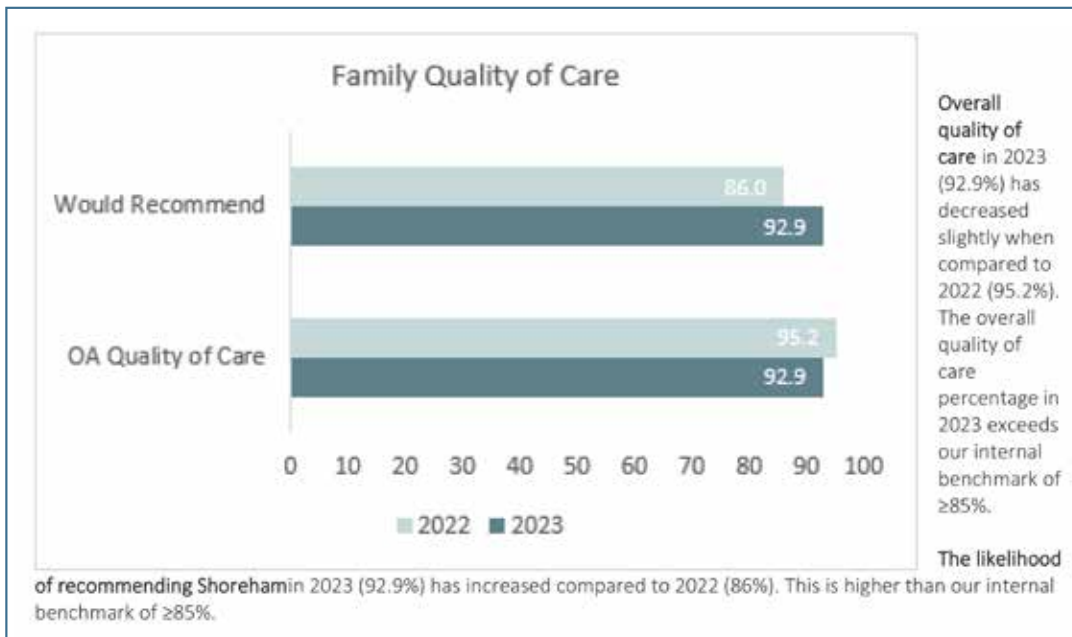


RESIDENT & FAMILY SURVEY RESULTS & ACTION PLAN:

We would like to thank both the residents and family members who completed the Resident and Family Surveys in the Fall of 2023. Although the results of both surveys were positive overall, there is always room for improvement. Shoreham’s Leadership Team have identified key areas for improvement in an action plan. The results and action plan are shared internally on the communication boards, on the staff Hub, and shared with the Resident and Family Councils. If you have questions about the results, please contact Tasha Ross, Manager, Quality & Risk at tross@nwood.ns.ca



Here is a short summary of some of the results from the Family Survey: N size: 14



CHRISTMAS AT SHOREHAM

Thank you to the Westhaver family for sponsoring an amazing December birthday party and Christmas celebration. With their support, we had wonderful music by the Elderly Brothers (who know how to get a party started). There was lots of dancing, laughter and overall a great time had by all; Thank you.



HELLO EVERYONE!

My name is Shannon Corkum. I'm a Licensed Practical Nurse and have been an employee of Shoreham Village for the past 15 years. I'm very pleased to have stepped into the Nurse Manager Role this past December. I feel my years of experience within the organization and my sincere passion for long-term care allows me to contribute to the leadership team.

Outside of work, you will find me at most community or sporting events with my three beautiful children and husband.



SANTA FOR SOUTH SHORE SENIORS STRIKE AGAIN

This is our 3rd year participating in the Santa for South Shore program, and each year seems to have more and more giving.

This year, we had the opportunity to take the Shoreham Bus and pick up our residents' gifts at the Light House in Bridgewater. While there, we could see the enormous generosity that is being spread to not only our home, but many other homes and local charities throughout the South Shore. A sincere thanks to everyone who helped support this program, from beginning to end.



VISIT FROM SANTA

What's Christmas without a visit from Santa. We are very fortunate to have folks join our programs over the holidays spreading the Christmas cheer.



UGLY CHRISTMAS SWEATER CONTEST

Did someone say Ugly Christmas Sweater? Here we have a lot of great staff that came in the best and worst dress of the season. It is so awesome to work with these folks.



A LITTLE MARDI GRAS MADNESS



STAFF & RESIDENT TIMMY'S SOCIAL



FURRY VISITORS

Residents were treated to some four legged visitors dressed as little Christmas elves. We love having furry visitors come by; any time of year.



INDOOR GROWING

With the support of Lunenburg County Community Health Board Wellness Funds, we are trying our green thumb this winter. We have some indoor green houses with our hopes and dreams of having a successful winter harvest.



TIME FOR A HUNT!

Yes, Ruby is holding a Nerf Gun in her hand and yes, we had our selves a blast with a little deer hunting this season. I think our bellies hurt we were laughing so hard.



IMPORTANT SECURITY SYSTEM UPGRADE

Security System Upgrade – We are happy to report that funding has been approved by the Department of Seniors and Long-Term Care to upgrade our security system.



This system upgrade has now been completed, including additional cameras being installed on the exterior of the building as well as all common areas.

WELCOME TO SHOREHAM JEAN

My welcome to Shoreham village, the Northwood family, Nova Scotia and Canada has been incredibly warm and supportive. Settling into the community and workplace has been seamless. Round trips to the coastal towns of Chester and Mahone Bay and the integration and support from colleagues at work have made me feel at home here in Canada.

The arrangements made to facilitate my smooth settling have been very positive. The Shoreham Village team has been nothing but great, offering immense support. The Chester community is home. Chester is a cohesive little town, enriched by tradition with a beautiful coastline and lovely people.

Forging forward, I am determined to achieve the Canadian dream, to pursue my goals and maximise opportunities ahead. I appreciate the support and contribution made by Shoreham Village, Northwood, the Chester community, the government and everyone else. Thank you and God Bless.



VOLUNTEER WITH US!

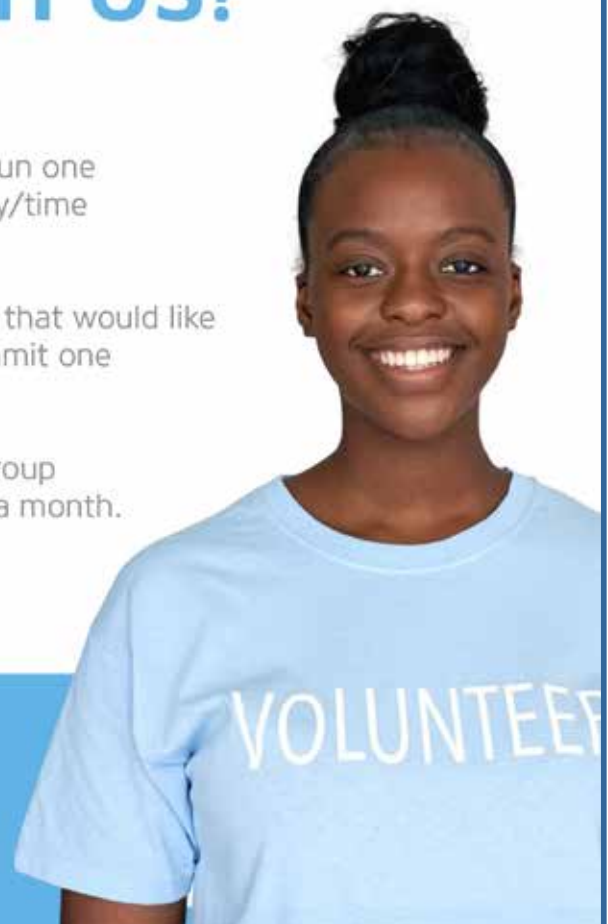
We need volunteers for the following:

One-one friendly visits - commitment level - minimum one day a week, 1-2 hours to visit with the residents- day/time negotiable to suit both residents and volunteer.

Afternoon or evening music - individuals or groups that would like to volunteer their talents with our residents and commit one afternoon or evening once a month.

Recreation assistants - to help facilitate evening group programs, 6-8pm and assist residents two evenings a month.

For more information, contact
n.rodenhizer@shorehamvillage.com



The logo for Shoreham Village, featuring a stylized wave icon above the word 'Shoreham' in a large, white, serif font, with the word 'VILLAGE' in a smaller, white, sans-serif font below it.

www.shorehamvillage.com

FALL ACTIVITY SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>March 2024</h2> <h3>Shoreham Recreation Calendar</h3>					8:30 Hand Wax & Nail Care (OT) 10:00 Group Music Therapy 10:30 Pop Up Library (ML) 11:15 Yoga & Meditation (OT) 2:00 Afternoon Social (ML)	Clergy Rev M Pretty- 7 th C. Corkum- 14 th J Cavanagh – 21 st D Cickle- 28 th
10:30 Gardening (OT) 3 2:00 Lexicon Social (ML) Afternoon Matinee ALL wings	10:30 Devotions (ML) 4 10:30 SenSupport (B) 11:30 Parachute Fun (ML) 2:00 Arm Chair Travels- Life of New Jersey 2:00 Hydration Station	10:30 Sing Along (C) 5 10:30 Disney Trivia (A) 2:00 Floor Hockey (ML) 2:00 Hydration Station 6:30 Music With GuitBasDuo (ML)	8:30 Folding Laundry (OT) 6 10:30 Karaoke (ML) 11:30 Balloon Volleyball (ML) 2:00 Bingo (ML)	10:30 Church (ML) 7 10:30 Social Visits 2:00 Readings & Writings 2:00 Hydration Station 6:00 Paint Nite (ML)	8:30 Hand Wax & Nail Care (OT) 8 10:00 Group Music Therapy 10:30 Card Bingo (E) 2:00 Music with David Rhind (ML) 2:00 Hydration Station	10:30 Creative Movements (ML) 9 2:00 Arts & Crafts (OT) Afternoon Matinee ALL wings
	10:30 Omi Vista (ML) 11 11:00 Vintage Voices (ML) 2:00 Music with Ronnie & Friends (ML) 2:00 Hydration Station	10:30 Jeopardy (ML) 12 10:30 Adult Coloring Art (D) 11:30 Ball Toss (ML) 2:00 Afternoon Matinee 2:30 Memory Cafe' (OHC) 6:00 Social Visits	8:30 Folding Laundry (OT) 13 10:30 Sing along (C) 10:30 Resident Council (OT) 11:30 Spring Cleaning Warm Up (ML) 2:00 Bingo (ML)	10:30 Church (ML) 14 10:30 Social Visits 2:00 Red Hatters (OT) 2:00 Hydration Station 6:00 SenSupport (1-1, Wing)	8:30 Hand Wax & Nail Care (OT) 15 10:30 Sham Rockin' Casino (ML) 11:15 Yoga & Meditation (OT) 2:00 Dice Bingo (E) 2:00 Hydration Station	
10:30 Cooking with Colleen 17 2:00 Lexicon Social (ML) Afternoon Matinee ALL wings	10:30 Devotions (ML) 18 10:30 SenSupport (E) 11:30 Creative Movements (ML) 2:00 Music With Chester Moss (ML) 2:00 Hydration Station	10:30 Sing Along (E) 19 10:30 Fun & Games (ML) 11:30 Get Your Motors Running (ML) 2:00 Boccia Ball (ML) 2:00 Hydration Station 6:00 Sing along	8:30 Folding Laundry (OT) 20 10:30 Trivia 11:30 Chair Dancing (ML) 2:00 Bingo (ML) 7:00 Studio Singers (ML)	10:30 Church (ML) 21 11:30 Social Visits 2:00 Music with Ross MacQuarrie (ML) 2:00 Hydration Station	8:30 Hand Wax & Nail Care (OT) 22 10:00 Group Music Therapy 10:30 Pop Up Library (ML) 2:00 Wine Down Social (ML)	10:30 Word Puzzles (ML) 23 2:00 Nail Care (OT) Afternoon Matinee ALL wings
(ML)= Main Lounge (OT) = OT room (OS)= Outside Programs are subject to change Outings are weather permitting	10:30 Omi Vista (ML) 24 11:00 Vintage Voices (ML) 2:00 March Birthday Party (ML)	10:30 Card Bingo (A) 25 10:30 Drum Fit (ML) 11:30 Musical Interlude with Eileen (ML) 2:00 Bowling (ML) 6:00 Traveling Cart	8:30 Folding Laundry (OT) 26 10:30 Wacky Wordies (ML) 11:30 Beach Ball Volley (ML) 2:00 Bingo (ML) 6:30 Music with HHG (ML)	10:30 Church (ML) 27 10:30 Social Visits 11:30 Pool Noodle Fun (ML) 2:00 Gardening 2:00 Hydration Station	8:30 Hand Wax & Nail Care (OT) 28 10:00 Music Therapy (1.1) 10:30 Spiritual Hour (ML) 2:00 Easter Craft (ML)	10:30 Baking Cookies 30 2:00 Easter Word Games Afternoon Matinee ALL wings
		Albert S- 2 nd Randy N- 3 rd Marion N- 15 th Shirley Wo- 15 th	Mildred R- 9 th Effie S - 18 th	Ron - 10 th Shirley We - 18 th	Alice W- 15 th Maria S - 22 nd	Margie N- 15 th Ellen G- 27 th

Board of Directors

Joseph Green - Board Chair
 Elizabeth Finney - Vice-Chair
 Andrew Snyder
 Brian Webb
 Charlie Teal
 Alison Kelland
 Colleen Richardson

