

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Shoreham Recreation Calendar

<p>10:30 Hymn Sing</p> <p>2:00 Junk Drawer Detective (ML)</p> <p>3:15 Knitting Circle</p> <p>Tu B'Shevat Begins</p>	<p>1</p> <p>8:30 Folding (OT)</p> <p>10:30 Devotions (ML)</p> <p>10:30 SenSupport (1:1)</p> <p>2:00 Card Bingo (A)</p> <p>Groundhog Day</p>	<p>2</p> <p>9:00 Hand Wax (OT)</p> <p>10:00 Learn to Line Dance (OT)</p> <p>11:30 Exercises with Jenna (ML)</p> <p>2:00 Boccia Ball (ML)</p> <p>6:30 Music with Guitbas (ML)</p>	<p>3</p> <p>8:30 Folding (OT)</p> <p>10:30 Art Class (OT)</p> <p>10:30 Ukulele Lessons (ML)</p> <p>10:45 Travelling Cart</p> <p>11:30 Strength Class (OT)</p> <p>2:00 BINGO (ML)</p>	<p>4</p> <p>10:30 Church (ML)</p> <p>10:30 Social visits (1:1)</p> <p>11:30 Exercises with Jenna (ML)</p> <p>1:00 Baking with OT</p> <p>2:00 Bowling (ML)</p> <p>6:30 Paint Nite (ML)</p>	<p>5</p> <p>10:00 Music Therapy (group)</p> 	<p>6</p> <p>10:30 Bean Bag Tic- Tac- Toe</p> <p>2:00 Lexicon</p> <p>3:15 Knitting Circle</p>
<p>Rec will be running the Olympic games between Feb 6-21st based on the Olympic schedule 😊</p> <p>Clergy Rev Pretty- 5th Pastoral Gr. – 12th Rev Workman – 19th Rev Aao – 26th</p>	<p>8</p> <p>8:30 Folding (OT)</p> <p>10:30 Yoga & Meditation (OT)</p> <p>11:00 Vintage Voices (ML)</p> <p>2:00 Birthday Party with Ron & Friends (ML)</p>	<p>9</p> <p>9:00 Hand Wax (OT)</p> <p>10:00 Learn to Line Dance (OT)</p> <p>10:30 Word Scrambler (ML)</p> <p>11:30 Exercises with Jenna (ML)</p> <p>2:00 Noodle Ball (ML)</p> <p>6:30 Card Bingo</p>	<p>10</p> <p>8:30 Folding (OT)</p> <p>10:30 Art Class (OT)</p> <p>10:30 Ukulele Lessons (ML)</p> <p>10:45 Travelling Cart</p> <p>11:30 Strength Class (OT)</p> <p>2:00 BINGO (ML)</p>	<p>11</p> <p>10:30 Church (ML)</p> <p>10:30 Social visits (1:1)</p> <p>11:30 Exercises with Jenna (ML)</p> <p>2:00 Swoon Saloon (ML) (Valentine's Social)</p> <p>6:30 1:1 Social Visits</p>	<p>12</p> <p>8:30 Folding (OT)</p> <p>10:00 Music Therapy (group)</p> <p>10:30 Card games (A)</p> <p>11:15 Luncheon (OT) (mini pizzas)</p> <p>2:00 Music with David Rhind (ML)</p> <p>2:00 Sensupport</p>	<p>13</p> <p>10:30 Valentine's Day Crafting (OT)</p> <p>2:00 Nail Care (OT)</p> <p>3:15 Knitting Circle</p> <p>Valentine's Day</p>
<p>(ML)= Main Lounge (OT) = OT room (OS)= Outside Programs are subject to change Outings are weather permitting</p> <p>We welcome and encourage residents, family, friends and staff to join us during our programming☺</p>	<p>15</p> <p>10:30 Folding (OT)</p> <p>10:30 Devotions (ML)</p> <p>10:30 Montessori (1:1)</p> <p>2:00 Travelogue- Exploring Singapore (ML)</p> <p>Presidents' Day (U.S.)</p>	<p>16</p> <p>9:00 Hand Wax (OT)</p> <p>10:00 Learn to Line Dance (OT)</p> <p>10:30 Trivia (ML)</p> <p>11:30 Musical Interlude with Eileen (ML)</p> <p>2:00 Parachute Fun (ML)</p> <p>6:30 Bean Bag Toss</p> <p>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</p>	<p>17</p> <p>8:30 Folding (OT)</p> <p>10:30 Art Class (OT)</p> <p>10:30 Ukulele Lessons (ML)</p> <p>10:45 Travelling Cart</p> <p>11:30 Strength Class (OT)</p> <p>2:00 BINGO (ML)</p>	<p>18</p> <p>10:30 Church (ML)</p> <p>10:30 Social visits (1:1)</p> <p>11:30 Exercises with Jenna (ML)</p> <p>2:00 Red Hatters (OT)</p> <p>6:15 Country at the Cross (ML)</p>	<p>19</p> <p>8:30 Folding (OT)</p> <p>10:00 Music Therapy (group)</p> <p>11:30 Luncheon (OT) (Fish & Chips)</p> <p>2:00 Bowling (ML)</p>	<p>20</p> <p>10:30 Axe Throwing</p> <p>2:00 Lexicon</p> <p>3:15 Knitting Circle</p>
<p>Happy Birthday to.....</p> <p>Cheryl C- 5th Joyce L- 6th Jean AH- 11th Corrina D – 19th Genevieve- 20th Joanne L- 27th</p>	<p>22</p> <p>8:30 Folding (OT)</p> <p>10:30 Trivia (ML)</p> <p>11:00 Vintage Voices (ML)</p> <p>2:00 Monday Matinee'</p>	<p>23</p> <p>9:00 Hand Wax (OT)</p> <p>10:00 Learn to Line Dance (OT)</p> <p>10:30 Cranium Crunches (ML)</p> <p>11:30 Exercises with Jenna (ML)</p> <p>2:00Boccia Ball (ML)</p> <p>6:30 Men's Club</p>	<p>24</p> <p>8:30 Folding (OT)</p> <p>10:30 Art Class (OT)</p> <p>10:30 Ukulele Lessons (ML)</p> <p>11:30 Strength Class (OT)</p> <p>2:00 BINGO (ML)</p> <p>6:30 Music with HHG (ML)</p>	<p>25</p> <p>10:30 Church (ML)</p> <p>10:30 Social visits (1:1)</p> <p>11:30 Exercises with Jenna (ML)</p> <p>1:00 Baking with OT</p> <p>2:00 Card Bingo (ML)</p>	<p>26</p> <p>8:30 Folding (OT)</p> <p>10:00 Music Therapy (group)</p> <p>10:30 Spiritual Hour (ML)</p> <p>2:00 Wine & Cheese Social (ML)</p>	<p>27</p> <p>10:30 Word Puzzles & Coffee (ML)</p> <p>2:00 Nail care (OT)</p> <p>3:15 Knitting Circle</p>
<p>28</p>	<p>29</p>	<p>30</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>

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