

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## Shoreham Recreation Calendar

10:30 Hymn Sing	1	8:30 Folding (OT) 10:30 Devotions (ML) 10:30 SenSupport (1:1)	2	9:00 Hand Wax (OT) 10:00 Learn to Line Dance (OT) 11:30 Exercises with Jenna (ML)	3	8:30 Folding (OT) 10:30 Art Class (OT) 10:30 Ukulele Lessons (ML) 10:45 Travelling Cart 11:30 Strength Class (OT)	4	10:30 Church (ML) 10:30 Social visits (1:1) 11:30 Exercises with Jenna (ML)	5	10:00 Music Therapy (group)	6	10:30 Bean Bag Tic- Tac- Toe 2:00 Lexicon 3:15 Knitting Circle	7
2:00 Junk Drawer Detective (ML)		2:00 Card Bingo (A)		2:00 Boccia Ball (ML) 6:30 Music with Guitbas (ML)		2:00 BINGO (ML)		1:00 Baking with OT 2:00 Bowling (ML) 6:30 Paint Nite (ML)					
3:15 Knitting Circle													
Tu B'Shevat Begins		Groundhog Day											
Rec will be running the Olympic games between Feb 6-21 <sup>st</sup> based on the Olympic schedule ☺	8	8:30 Folding (OT) 10:30 Yoga & Meditation (OT) 11:00 Vintage Voices (ML)	9	9:00 Hand Wax (OT) 10:00 Learn to Line Dance (OT) 10:30 Word Scrambler (ML) 11:30 Exercises with Jenna (ML)	10	8:30 Folding (OT) 10:30 Art Class (OT) 10:30 Ukulele Lessons (ML) 10:45 Travelling Cart 11:30 Strength Class (OT)	11	10:30 Church (ML) 10:30 Social visits (1:1) 11:30 Exercises with Jenna (ML)	12	8:30 Folding (OT) 10:00 Music Therapy (group) 10:30 Card games (A) 11:15 Luncheon (OT) (mini pizzas) 2:00 Music with David Rhind (ML) 2:00 Sensupport	13	10:30 Valentine's Day Crafting (OT) 2:00 Nail Care (OT) 3:15 Knitting Circle	14
Clergy Rev Pretty- 5 <sup>th</sup> Pastoral Gr. - 12 <sup>th</sup> Rev Workman - 19 <sup>th</sup> Rev Ago - 26 <sup>th</sup>		2:00 Birthday Party with Ron & Friends (ML)		2:00 Noodle Ball (ML) 6:30 Card Bingo		2:00 BINGO (ML)		6:30 1:1 Social Visits				Valentine's Day	
(ML)= Main Lounge (OT) = OT room (OS)= Outside Programs are subject to change Outings are weather permitting	15	10:30 Folding (OT) 10:30 Devotions (ML) 10:30 Montessori (1:1)	16	9:00 Hand Wax (OT) 10:00 Learn to Line Dance (OT) 10:30 Trivia (ML) 11:30 Musical Interlude with Eileen (ML)	17	8:30 Folding (OT) 10:30 Art Class (OT) 10:30 Ukulele Lessons (ML) 10:45 Travelling Cart 11:30 Strength Class (OT)	18	10:30 Church (ML) 10:30 Social visits (1:1) 11:30 Exercises with Jenna (ML)	19	8:30 Folding (OT) 10:00 Music Therapy (group) 11:30 Luncheon (OT) (Fish & Chips) 2:00 Bowling (ML)	20	10:30 Axe Throwing 2:00 Lexicon 3:15 Knitting Circle	21
We welcome and encourage residents, family, friends and staff to join us during our programming ☺		2:00 Travelogue- Exploring Singapore (ML)		2:00 Parachute Fun (ML) 6:30 Bean Bag Toss Rāmadañ Begins Mardi Gras Chinese New Year (Year of the Horse)		2:00 BINGO (ML)		2:00 Red Hatters (OT) 6:15 Country at the Cross (ML)					
Happy Birthday to.....	22	8:30 Folding (OT) 10:30 Trivia (ML) 11:00 Vintage Voices (ML)	23	9:00 Hand Wax (OT) 10:00 Learn to Line Dance (OT) 10:30 Cranium Crunches (ML) 11:30 Exercises with Jenna (ML)	24	8:30 Folding (OT) 10:30 Art Class (OT) 10:30 Ukulele Lessons (ML) 11:30 Strength Class (OT)	25	10:30 Church (ML) 10:30 Social visits (1:1) 11:30 Exercises with Jenna (ML)	26	8:30 Folding (OT) 10:00 Music Therapy (group) 10:30 Spiritual Hour (ML)	27	10:30 Word Puzzles & Coffee (ML) 2:00 Nail care (OT) 3:15 Knitting Circle	28
Cheryl C- 5 <sup>th</sup> Joyce L- 6 <sup>th</sup> Jean AH- 11 <sup>th</sup> Corrina D - 19 <sup>th</sup> Genevieve- 20 <sup>th</sup> Joanne L- 27 <sup>th</sup>		2:00 Monday Matinee'		2:00 Boccia Ball (ML) 6:30 Men's Club		2:00 BINGO (ML) 6:30 Music with HHG (ML)		1:00 Baking with OT 2:00 Card Bingo (ML)					