

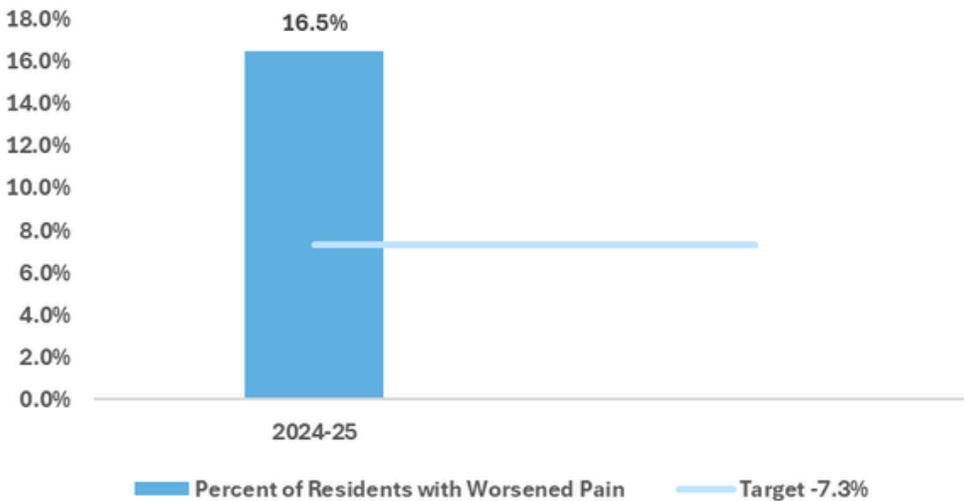
WORSENERD PAIN

Shoreham began tracking the Canadian Institute for Health Information's (CIHI) Worsened Pain indicator in 2024. This measure reflects the percentage of residents who had worsened pain.

Shoreham monitors this indicator to better understand pain prevalence and spot emerging trends. This helps ensure timely interventions and supports personalized pain management for each resident. It also plays a key role in evaluating how effective current care strategies and protocols are, guiding ongoing improvements in quality of care.

Shoreham was above the 7.3% CIHI industry target. The target is based off the average percent of residents with worsened pain in all long-term care facilities across Nova Scotia.

Experiencing Worsened Pain (%)



Shoreham had 16.5% of residents who had worsened pain 2024-25, above the Nova Scotia target of 7.3%

Shoreham Improving Pain Management in 2025-26

To reduce the percentage of residents experiencing worsened pain, Shoreham will focus on regular pain assessments and documentation, timely updates to individualized care plans, staff training on recognizing and managing pain, and prompt implementation of pain relief strategies.